



Walk to Emmaus®

THE UPPER ROOM

Summer Issue, Vol. 8, No. 3

From the Lay Directors

DeColores! And greetings to our brothers and sisters in Christ! It is hard to believe we are already halfway through 2008. We have much to be thankful for in our



Jim and
Ruthie
Borrell

Emmaus Community. We have had over 100 new Fourth Day Pilgrims already this year. We have experienced wonderful participation behind the scenes at our Walks, with people coming from many parts of our community to serve. Attendance at Apostolic Hours and Gatherings has been great. Our Fourth Day stories shared at Gatherings have been an authentic witness to show how Emmaus can, and does, positively affect our churches and our world. Our musicians and clergy have blessed us through song and meaningful worship at our Emmaus functions. Our Board of Directors have demonstrated, through their attentiveness to the various work areas, how well the Body of Christ functions when all of the parts support each other. And the friendships that have been formed and strengthened by a shared Christian walk have certainly been a gift of infinite value.

So, what do we look forward to for the second half of 2008?

First, we ask the community to continue to be diligent in support of

our Heart of Carolina Walk to Emmaus. We are indeed about the work of our Lord in His kingdom. We ask that you attend to the details — supplying abundant snacks and agape for the Walk weekends, sponsoring wisely, finding a few hours to serve behind the scenes and attend Emmaus functions.

Second, we ask that you continue to pray daily for this community that we carry out the Lord's work per His desire. As we strengthen the local church through Emmaus, we can and will affect our world as God guides our footsteps.

And while you are praying, ask for a few good men and clergy? Traditionally, our women's Walks are fill quickly, while the men's Walks do not. We ask that you pray that we seek to sponsor the men God is putting in our daily paths. While you're praying, ask God to give you a heart for clergy, too. Emmaus is a balance of laity and clergy working together. Yet, we are finding clergy positions harder to fill these days. We need to encourage our clergy to participate in the Walk to Emmaus.

Third, we encourage you to find out more about how this Emmaus Community functions as a vehicle for Christian renewal. And what better way to do that than attending our community training session that will be held Saturday, July 26th at Millbrook UMC in Raleigh. We'll learn the "how and why" of the Walk to Emmaus.

And last, but not least, we ask you to participate in the election process

for our HOC and Chrysalis Board of Directors. This newsletter contains the election ballot for the 2009 class of HOC Board of Directors, plus the ballot for the Chrysalis Board of Directors. We ask that you take the time to peruse the short bios provided by each candidate and vote! Directions for voting are on the ballot.

Our Board of Directors consists of 16 elected positions. A board position can be held either by a single person or a married couple. Each year a new class is elected to serve a three-year term. Every third year the class size consists of six members. The other two years the class size consists of five members. Each class has one clergy member and either four or five laity members.

The Class of 2009 will have five laity members and one clergy member.

We have a wonderful slate of candidates for our class of 2009. We thank them for agreeing to be part of the election slate. Once the election is completed, a changeover meeting will be held in the fall, and the new board will assume their roles in January 2009. We hold elections now to have ample time for training in the various works areas and thus provide a smooth segue for service.

So, we have had a superb first half of 2008 — many more blessings await in the remaining months. Won't you join us as we joyfully serve our Lord?

In Christ,
Jim and Ruthie Borrell

Community Training

Ever wondered why we carry out our Emmaus weekends the way we do? Come to Community Training to learn about the "whys" of Emmaus! Community Training is chock full of all the information YOU need to be a great Fourth Day pilgrim, sponsor, team member or "behind the scenes" volunteer!

Saturday, July 26th
Millbrook UMC
1712 E. Millbrook Rd.
Raleigh, NC 27609

Schedule
9-9:30 a.m.: Gathering Time and Refreshments
9:30-11:30 a.m.: Community Training
11:30 a.m. - noon: Break and Refreshments
Noon - 1 p.m.: Board of Directors Training

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Congratulations!

Dr. H. William Green, associate pastor of First United Methodist Church in Cary, was named "Pastor of the Year" by the National Coalition of Men's Ministries during their annual conference in April. Green was honored for his dedicated service to effective men's ministry.

The coalition is a partnership of over 75 men's organizations, both independent and denominationally affiliated.

The group's objective is to advance men's ministries, to assist in the discipleship of Christian men, and to help spread the good news of Jesus Christ to all men.

During the conference, which was held in Nashville, Tenn., the United Methodist Church's United Methodist Men was chosen as the "Men's Ministry of the Year." UMM is celebrating its 100th year of ministry to the men of the church. Larry Malone, director of the men's ministries on the staff of the General Commission on United Methodist Men, accepted the Men's Ministry of the Year award on behalf of the denomination.

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HOC Emmaus, P.O. Box 130, Benson, NC 27504

Special Election Issue — Ballot Inside!

WORK AREA REPORTS

2008 HOC Board

Community Lay Directors
Jim and Ruthie Borrell
borrellje@yahoo.com

Community Spiritual Director
Stuart Milton
smilton@nccumc.org

Book Table, Photo, *Secretary
Si and *Stephanie Weeks
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Apostolic Hour, Follow-up
Al and Susie White
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Chrysalis Council
Pam and Joel Watson
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Evangelism
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Gathering
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Snack Room, Kitchen
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Luggage, Transportation
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Newsletter, Reunion Group, Directory
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Prayer Chapel
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alden@email.unc.edu

Registration
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lpittardjr@nc.rr.com

Set-up, Clean-up
Russ and Melody Secret
russ@secretbuilders.com

Training, *Treasurer
Danny and *Faye Cress
djress@earthlink.net

Worship, Music
Will Jackson
wiljack5@nc.rr.com

Agape, Altars
Ronnie and Kathy Jones
jrkjones@windstream.net

Advisory
Ray and Deb Murphy
ray.murphy@earthlink.net

Remaining 2008 Walks

Walk #101
Men, July 17-20

Walk #102
Women, July 31 - Aug. 3

Walk #103
Men, Oct. 2-5

Walk #104
Women, Oct. 23-26

Note

Gathering Date Change
Dec. 5
(Nov./Dec. combined)



Roy and
Paula
Pittard

Registration

Blessings to each of you. What a glorious and beautiful spring God blessed us with. Now the bare trees are filled with leaves. God wants to further bless many lives with His love as is shown on the Emmaus Walk. Please prayerfully consider sponsoring those persons in your midst that you know would welcome this blessing from God.

We are pleased that most of you are using the new application forms which are available on the Heart of Carolina web site (<http://rtpnet.org/~emmaus/>). They are also available at Gatherings. Please note that the application includes three parts: one for the prospective pilgrim to complete and two for the sponsor, of which one is the sponsor's covenant. Our name and address is on the sponsor's part of application form.

Please remember that HOC sponsorship training is required for every sponsor prior to the processing of the application.

Financial Aid Fund

Remember what a blessing it was for you to attend the Walk to Emmaus? There are persons who would love to attend, but are financially unable to do so. Those of us who experienced God's love in a powerful way on our Walk want everyone to have the opportunity to attend, but due to many requests for financial assistance, our Financial Aid Fund (formerly named Scholarship Fund) is in need of more funds. If you are sponsoring a candidate, please ask for financial assistance ONLY if a financial need exists. Some sponsors pay the entire cost of their pilgrim, with many paying at least the application fee. If you, as a sponsor, are unable to do this, please check with your reunion group or with your church, since many churches have funds available for this purpose.

Please consider donating to our Financial Aid Fund. Contributions can be made at our Gatherings, Apostolic Hours, Send-offs and Closings or by contacting our treasurer, Faye Cress, at (919) 552-0713. We will also gladly accept donations mailed with applications. Be sure to designate on your check or envelope that the funds are for the Financial Aid Fund.



Ronnie and
Kathy
Jones

Agape, Altars

Community members please consider working behind the scenes in the altars and agape area. We need help for both of the October Walks. We know it will be a very rewarding experience.

Whenever we talk or write about this area it is usually about agape, which is a very important part of an

Emmaus Walk. We have explained all of the aspects of agape and how it works, but never seem to bring up the other side of this area — altars.

As we all know, each trip to the chapel during a Walk has a very special purpose and meaning and the altars are an important part of this. Each altar has specific things that for that time and are supposed to be put on a certain way. Our area workers have to watch and be sure that the altars are set up on time and in the appropriate way each and every time. This is done during each day and seven some at night between the collecting, sorting and handing out of agape.

Working behind the scenes and setting up the altars for the pilgrims is as meaningful for the workers as it is for each pilgrim and goes hand and hand with the love shown by the agape gifts and letters. Altars and Agape — please volunteer to help behind the scenes and receive a blessing beyond words. Call us at any time or see the sign up sheets at different Emmaus functions.



Trip and
Kathy
Alden

Prayer Chapel

Behind the scenes at every Walk, there are community members engaged in prayer. People come unnoticed to the prayer chapel to pray for the conference room team and the pilgrims. Specific prayers are offered for each speaker before, during and after his or her talk. This is known as "prayer chapel agape". Community members who desire to pray with a speaker arrive at the prayer chapel 30-45 minutes before the talk is scheduled to begin. They accompany the speaker into the prayer chapel and unite in prayer in preparation for the talk. They remain in the chapel, lifting the speaker in prayer throughout the talk. When the talk has concluded, the speaker returns to the prayer chapel to share in prayers of thanksgiving.

For each Walk, there are one or more designated weekend coordinators for the prayer chapel. The role of the coordinator is to attend the team training weekend and to be present for the Walk weekend, guiding the community members in prayers for the team and the pilgrims. Individuals, couples or even reunion groups may elect to serve as Prayer Chapel Coordinators. Detailed instructions are available and it is recommended that anyone who desires to volunteer should first participate with someone who is more experienced in this role. If you are interested in praying with any of the speakers or serve as Prayer Chapel Coordinator for any of the upcoming Walks, please contact Trip or Kathy Alden at the number below. A list of speakers for Walks #101 and #102 will be available at the June Gathering, as well as at Sponsors Hour.

Another meaningful form of "prayer chapel agape" is the 72-hour prayer vigil. This provides an opportunity for community members to sign up for a thirty-minute time slot in which to offer prayers for the team and the pilgrims. Sign-ups for the

prayer vigils for upcoming Walks will be available at Gatherings and at Sponsors Hours.



Si and
Stephanie
Weeks

Book Table, Photo

Summer is upon us and with it the North Carolina heat. What a better way to spend a summer day than with a GREAT book! Come Thirsty, The Power of a Praying Parent, Blue like Jazz, and Jesus Calling are just a few reads that you may have picked up during your Walk. Maybe you have had the chance to read them and would now like to share them with others. We have just the way you can recycle those books ... look for the BIG green bin marked AGAPE books. This bin comes with us to Gatherings and stays in the Agape room during Walk weekends. Please also keep in mind any age appropriate books you may like to donate to our Chrysalis Flights, which can also go into the BIG green bin. These books go on the Agape book table on Sunday mornings as a gift from the Emmaus/Chrysalis Community and should not have individual Reunion Group names.

If you are available on the Sunday afternoon of a Walk weekend we can use your help. Please join us as we organize all of the supplies from the weekend, take inventory, and repack the boxes carefully for the next Walk.



Al and
Susie
White

Apostolic Hour

Very often when I talk to new members of the community they want to know how they can get involved and where to start. I recommend that they come on the Sunday, the last day of the Walk, to help serve lunch, assist with clean-up or luggage, or fill in where needed. This gives you a great overview of the activities that need to be done to put on a successful weekend and allows you to interact with the board members responsible for these areas. After doing this, stay for closing and listen to what the Walk has meant to the pilgrims. Another way to get involved is by coming to pray with someone you know who is giving a talk on the weekend. The Walk to Emmaus is about inviting the Holy Spirit into our lives and this is a great way to experience this in action. If you are willing to open yourself to the Spirit you will find no end to the things you can do in Emmaus, your local church or in the world. The Apostolic Hour committee, which my wife Susie and I are a part of, does the behind the scene things necessary to make the Apostolic Hour happen and to clean the church after the pilgrims leave. If you would like more information on this or any work area, Susie and I would be glad to talk with you.

Emmaus Board Candidates

Steve and Suzanne Cook have been attending the Benson United Methodist Church for the last 30 years. They have a son, a daughter and two teenage granddaughters. Both work in a small printing company.



Steve was on HOC Walk #80 and served on conference teams #90 and #94. He was a member of Kairos teams #26 and #27 and on Kairos outside team #9. Suzanne was on HOC Walk #81 and served on conference team #91. She served on Kairos outside teams #8 and #9. She is scheduled to serve on conference team #102 and Kairos #29.

Suzanne is treasurer of the Benson UMC and treasurer of the Benson United Methodist Women. Steve is chair of the Evangelism Committee and teaches Sunday School. Because they sing in the choir, both are grateful that the Lord only requires a "joyful noise."

Kim and Freda Davis are active members of Fremont United Methodist Church, where they both teach Sunday school. Kim teaches the nursery/preschool class, while Freda teaches the third through



fifth graders. They are both active in separate reunion groups, but their Agape is often sent under the one name of Fremont FIGS. They went on their Walks several years ago, but waited for their children to get older to get truly active in Emmaus. Being "empty-nesters" this Fall seems like a good time to make an even stronger commitment to Emmaus. Kim went on HOC Walk #34, followed by Freda on Walk #35, in the Fall of 1999. Kim can be seen most often behind the scenes carrying and loading luggage, but did serve on his first team on Walk #98. Both serve on the Snack Room Committee. Freda has also been blessed to serve in the Prayer Chapel, as well as in the conference room. They have also worked in the kitchen. They both enjoyed serving on the Selection Committee. Chrysalis has been a blessing for

our family, but we have only served behind the scenes. We feel extremely blessed to be a part of the Emmaus Community. Being a part of Emmaus has grown their walks with Jesus in life altering ways. Seeing Jesus on so many faces gives them affirmation that God is indeed good all the time!

Kim has farmed for the past 32 years and Freda has taught at Fremont Elementary for 26 years, most of those years teaching kindergarten. They have been blessed by 30 years of marriage and two beautiful daughters, Farah, 24, and Abbi 18.

Steve and Carol Durham were on HOC Walks #80 and #81. Steve sat at the Table of Matthew and Carol at the Table of Martha. Our reunion group is the Hillsborough United Methodist Church branches.



They have been active in church all their lives and have attended First Baptist Church in Hillsborough since 1980. They teach Sunday school, serve on committees, and most recently, led the 28-week Companions in Christ spiritual formation group. They are gearing up to lead the Way of Forgiveness small group this fall.

They have been married for 32 years. Their life has been enriched by two adult children, Brandon (25) and Rebecca (22). They enjoy activities at their church, time with their family, kayaking, camping and reading. Steve does computer support for the Department of Transportation. Carol is a professor of nursing at The University of North Carolina at Chapel Hill School of Nursing.

(Steve) Part of the journey since my Walk has been that I have been given the chance to say yes more and more. It is possible to find many reasons to say 'no' but 'yes' is the answer that seems to be the right, heartfelt response. Then the response becomes a joy filled 'yes' in serving God in many ways. As we see more, the more we see how God is guiding us.

(Carol) My fourth day began with

these two key reflections about my Walk. First, if I can let go and trust fallible humans to direct me through 72 hours, then I should let go more and trust our infallible God. Second, I certainly have experienced the community of God across my lifetime, but after the amazing events of the Walk to Emmaus, I realized I had only seen the tip of the iceberg.

Since February, we have been serving as Gathering coordinators to fill an unexpired term on the Board of Directors. We are excited about the possible opportunity to continue to serve this community of God through the HOC board.

Roy and Billie Jernigan were on Cape Fear Walks #13 and #14 respectively in October 1990. They live in Sanford and attend St. Luke United Methodist Church, where they teach Sunday school.

They have been married 53 years and have three children and six grandchildren. They have served on several teams and behind the scenes. Roy participates in the Lee County Servants Reunion Group, Methodist Men, Handyman Group, Kairos and Lions Club. Billie participates in the Sisters of the Rising Son Reunion Group, United Methodist Women Circle Chairman, Prayer Shawl Group, Kairos and Threads of Faith (stitching kneelers for the church).

Brad and Stephanie Lewis attend Nashville United Methodist Church in Nashville. They attended HOC Walk #87 and #88 respectively. Brad is a member of the Staff Parish Committee at their church and is active



in addressing general maintenance needs at the church and for church members. Stephanie teaches a children's Sunday School class and offers tutoring in Math to children in the community. Brad and Stephanie work together with the Pathfinders Youth Group at their church under the leadership of

Cindy Pike. Through this work they have both traveled with the youth on beach retreats, spring retreats at Camp Chestnut Ridge and gone on the Appalachian Service Project (ASP) over the summer. They have both served behind the scenes for Emmaus Walks in the kitchen, at Candlelight and as Assistant Table Leaders.

Rex and Janette Scott worship at St. Luke United Methodist Church in Sanford. They initially walked on HOC Walks #80 and #83 and each have served on teams and behind the scenes, while Janette has worked



behind the scenes at Chrysalis Flights. She has served as a youth counselor for 13 years at St. Luke, is Co-Chair of the Jane Foushee Scholarship Committee and Co-Chair of the Hospitality Committee. Janette was the 2006 Layperson of the Year at St. Luke. She has also worked for a number of years as a staff member on numerous conference youth events, such as Breakaway and ACS. Rex has served as Chairman of the Staff Parish Relations Committee at St. Luke, as well as serving on the Missions Committee and being Head Usher. Both Rex and Janette are commissioned Stephen's Ministers and have taught Sunday School.

Royce and Rebecca Thigpen were married on February 3, 1978. They have three children: Katie, Royce Jr. and Millie. They attend Trinity United Methodist Church. They teach or have taught Sunday school



for several years. They are members of the United Methodist Men and Women respectively. They went to Short Journey for the Emmaus Walk in 2001. Becky went on Walk #47 and Royce on Walk #50. They have both been back and worked behind the scenes and on several Walks. They are both very involved in the Kairos Community and have been for several years. The HOC board may be another way to serve God.

The Heart of Carolina Emmaus and Chrysalis Board of Directors have approved the following candidates to serve on the board for three years beginning January 2009.

Each person named on the mailing label may vote.

Ballot MUST be received no later than August 15th to be counted.

Emmaus Candidates

Lay Members (vote for five)

Name 1 Name 2

- () () Steve and Suzanne Cook
 () () Kim and Freda Davis
 () () Steve and Carol Durham
 () () Roy and Billie Jernigan
 () () Brad and Stephanie Lewis
 () () Rex and Janette Scott
 () () Royce and Rebecca Thigpen

Clergy Members (vote for one)

- () () Lu Ann Charlton

Chrysalis Candidates

Adults: 3-year term (vote for three)

Name 1 Name 2

- () () Karen Moore
 () () Kristal Richards
 () () Harold and Shannon Rothrock
 () () Anna Shook

College Age: 1-year term (vote for three)

- () () Steven Bazan
 () () Becki Brown
 () () Whitney Scott

Chrysalis Candidates cont.

Clergy: 2-year term (vote for one)

Name 1 Name 2

- () () Janet Balasko
 () () Ray Pierce

Clergy: 1-year term (vote for one)

- () () Bryan Faggert

High School Age: 1-year term (vote for four)

- () () Starr Rothrock
 () () Emily Stewart
 () () Zach Stirewalt
 () () Brianna White

Please detach and return.

Chrysalis Board Candidates

High School age: 1-year term (vote for 4)

- Starr Rothrock is a senior at Broughton High School and an active member of Edenton Street United Methodist Church, where she attends choir, bible study and is currently planning on running for president of UMYF. She is active in soccer and color guard. Starr is currently a board member who would love the opportunity to serve the community again.

- Emily Stewart is a junior at Enloe High School. She is an active member at Edenton Street United Methodist Church. Her interests include cheerleading, playing lacrosse and mission trips. She has served as a youth Table Leader and has served behind the scenes.

- Zach Stirewalt is a junior at Green Hope High School and an active member at White Plains United Methodist Church. His interests include music, playing the trumpet, photography, Scouts, church and hanging out with friends. His past Chrysalis experience includes serving as a music director.

- Brianna White is a rising junior at Clayton High School, where she is a member of the National Honor Society. She is an active member of Christ Community United Methodist Church, where she is involved in puppets, conference events, youth mission trips and serves as the ACS representative. She has served in the conference room as a Table Leader and has served behind the scenes.

College age: 1-year term (vote for 3)

- Steven Bazan is a member at Elevation United Methodist Church in Benson. He has been serving Chrysalis continually for five years and have served on three teams. He attends school at Methodist University studying Religion and Philosophy, in preparation for Divinity School after graduation.

- Becki Brown is a freshman at UNCG, where she is majoring in Elementary education. She is an active member at White Plains United Methodist Church and enjoys spending time with friends. She has experience serving behind the scenes.

- Whitney Scott attended Journey #1 and has served as a Table Leader. She is an active member at Saint

Luke's United Methodist Church. She is an administrative assistant and in her spare time enjoys reading and playing with her dogs.

Adults: 3-year term (vote for 3)

- Karen Moore is a member of St. Francis United Methodist Church who has experience inside the conference room and behind the scenes. Her passion is missions and has been on several local, national and international trips. She is a Division

Manager (full time volunteer position) for the Jimmy V Celebrity Golf Classic. In her free time she helps manage the business her and her husband own, going to the beach and traveling.

- Kristal Richards teaches 4th grade for Wake County Schools and is currently the youth assistant at Asbury United Methodist Church in Raleigh, where she loves hanging out with her teenage girls. She has served as a board member in the past, as well as a Flight Lay Director. She has a huge heart for Chrysalis.

- Harold and Shannon Rothrock are active members of Edenton Street United Methodist Church. Herold works full-time in medical sales with Applied Spectral Imaging. He enjoys being outdoors and running in his spare time. He has been actively involved with the youth at ESUMC for the past 10 years and involved with Chrysalis for the past four years. Shannon works for IBM and in her spare time enjoys scrapbooking and reading. She has been involved with Chrysalis for the past four years. They both also enjoy mountain biking, swimming and are actively involved with their children; Starr, 16, and Luke, 3.

- Anna Shook lives in Nashville, where she is the lead teacher in the 2-year-old class at First Baptist. She graduated from NC Wesleyan with a degree in psychology and theatre. Her past Chrysalis experience includes serving as a youth Table Leader and Assistant Table Leader.

Clergy: 2-year term (vote for one)

- Janet Balasko
- Ray Pierce

Clergy: 1-year term (vote for one)

- Bryan Faggert



HOC Walk to Emmaus #100

First Row: Ruthie Borrell, Linda VonDerGathen, Paula Pittard, Karl Neuschaefer, Jeanie Neuschaefer, LunAnn Charlton

Second Row: Debbie Gossert, Lisa Reeder, Carolyn Hendricks, Eleanor Armstrong, Jennifer Sawyer, Polly Cooper, Laurell Murray, Tonya Clark, Cathy Hoyle, Kelley Stephens, Donna Holloman, Janet Duncan

Third Row: Barb Hale, Karen Chauvaux, Janette Scott, Amy Gossert, Annette Hall, Michelle Ethridge, Cheryl Lawrence, Ann McEwen, Jane Thomas, Mary McLaurin, Janet Gillespie, Becky Keith, Kathy Mazejka, David King

Fourth Row: Lee Floyd, Robin LeNeave, Frances Marlette, Rita Selmont, Elin Newton, Charla McKinley, Becky Sloan, Donna Carpenter, Susan Morris, Jo Pegrum, Sharon Clapp, Sue Petty

Fifth Row: Nell Hicks, Kim King, Sandra Hansen, Kathy Simmons, Ebbie Mooring, Judy Lane, Kim Rocco, Margaret Smith, Pam Stallings, Connie Webb, Beth Boisvert, Faye Wood, Tracy Atkinson, Brenda Grady, Lucille Brooks

Volunteers Needed!

Ever wonder how our pilgrim crosses with lanyards and name tags magically appear at each Walk Send Off? Volunteers, of course! Our present crew has been diligently serving for several years, so it is now time to pass this servant job on to others. This would be a great area of service for a reunion group. Please contact Jim or Ruthie Borrell at borrellje@yahoo.com if you are interested in serving the Heart of Carolina in this capacity.

Gathering News

Mark your calendars! We will have a SPECIAL Heart of Carolina Gathering time in December this year. We will gather as a community on Friday, December 5th for a special time together during the Advent Season. This Gathering will be held in place of the normal 4th Friday Gatherings of November 28th and December 26th.

Return ballot to:
Heart of Carolina Emmuas
PMB #316
135 W. Illinois Ave.
Southern Pines, NC 28387