



Walk to Emmaus

THE UPPER ROOM[®]

Spring Issue, Vol. 7, No. 2

From the Lay Directors



Ray and Deb
Murphy

Can you believe it's already spring-time? This year is moving forward and we have been blessed in the Heart of Carolina Emmaus Community. We have completed two Walks and will soon have another one in April. This means that many more have experienced the love of Christ in a way like no other.

We have a lot more opportunities to serve and be part of the excitement and joy of Emmaus. If you haven't served behind the scenes, prayerfully consider all the various ways you can serve ... kitchen, snacks, agape, altars, transportation, luggage, supplies, clean-up, prayer vigil, prayer chapel and sponsorship, just to name a few.

Your HOC Board of Directors recently met for a retreat, where the theme was "Have You Seen Jesus My Lord?".

Have you seen Jesus my Lord?
He's here in plain view
Take a look open your eyes.
He'll show it to you
Have you ever looked at the sunset
with the sky mellowing' red and
the clouds suspended like feathers?
Then I say
you've seen Jesus my Lord
Have you ever stood at the ocean
with the white foam at your feet?
Felt the endless thundering' motion?
Then I say
you've seen Jesus my Lord
Have you ever looked at the cross
with a man hanging' in pain and
the look of love in His eyes?
Then I say
you've seen Jesus my Lord
Have you ever stood in the family
with the Lord there in your midst
seen the face of Christ
on your neighbor?
Then I say
you've seen Jesus my Lord
Have you seen Jesus my Lord?
He's here in plain view.
Take a look open your eyes.
He'll show it to you

We say that we Jesus our Lord every time we share communion, serve one another, sing in worship and praise and eat snacks together in the HOC Emmaus Community.
Come, join us and see Jesus our Lord.

DeColores!
Ray and Deb Murphy



February 23rd Gathering

Above: Edenton Street UMC Liturgical Dance Team (from left to right: Linda Davis, Domini Boling, Chris Buchanan and Anita Hall, not pictured: Brooke Gunter). Right: Jason Justice, Flight #29, Table of the MOG Squad.



Building Emmaus in the Local Church

I was asked to provide some insight by the editor of our community newsletter as to what you can do to activate a vibrant Emmaus Community in your local church. I was not the originator of our church community. "Jesus" my Lord and Savior was, and still is. Our church community was established when each of us answered "God's" call to make the Walk to Emmaus, so I take "No Credit" for its inception and continual growth. The call was given to me by our new Pastor, Dr. Sam Wynn, because he wanted to get to know the members and get them involved in our church activities and mission endeavors.

He asked me to get them all together for a church wide meeting for all members of our Emmaus Church Community, which I did, thus the formulation of activation of our community members.

We elected a local team chairmen for our community to get started. I had the distinct pleasure of being that person in our community's initial start-up.

We discussed ways and means of operation within our church and community. Here are some initial steps to take in setting up an active Emmaus Church Community:

- (1) Pastoral support and affirmation "Required."
- (2) Elect a team chairman, who in turn will select four other community members to serve with that person on the Church Council in an advisory capacity.
- (3) Define term for serving as team leader, unless voted on otherwise by your community. Ours is one year.
- (4) Establish a church operating budget to submit to the finance committee for approval. Your budget should include costs for books, printing and other needed equipment.
- (5) Have at least quarterly meetings. Have the community members vote on the day, time and other pertinent for those meetings. Ours is usually on a Sunday afternoon other than on Walk weekends or other conflicts.
- (6) Have "open meetings" and invite all members and friends of your Emmaus and Chrysalis Communities.
- (7) Have guest speakers at your community meetings or utilize your church community members to give their testimony.
- (8) Initially, we had no funds to start-up. We got a start-up budget from the church and repaid it back by having dinner fundraisers. We now

have a flat membership fee of \$10.00 annually per member to be utilized for deaths within the community.

(9) Encourage active reunion participation within your community.

(10) We have been very blessed with a devoted community of leaders. Use them when you need them for sponsorship training, evangelism or any other need you may have. Their names and e-mail addresses are on the inside cover of this newsletter.

(11) Volunteer to work in all the areas of need for an upcoming Walk.

(12) Sponsors need to remember your obligations towards each of your pilgrims.

Lead by example, better known as christian action.

The keys to a vibrant and active Emmaus Community in your church are: (1) christian environment (2) commitment and (3) communication. These are essential in keeping your community active and informed.

How do you attain these three goals?

- (1) Use the church for your meetings.
- (2) Commit to attend.
- (3) Communicate with your brothers and sisters.

Building - continued on back

WORK AREA REPORTS

2007 HOC Board

Community Lay Director

Ray and Deb Murphy
qofe@earthlink.net

Community Spiritual Director

Dr. Alan Swartz
aps@nccumc.org

Book Table, Photo, Supplies

Jim and Ruthie Borrell
borrellje@yahoo.com

Apostolic Hour, Follow-up

Al and Susie White
walsusie@aol.com

Chrysalis Council, *Secretary

Si and *Stephanie Weeks
siweeks@nc.rr.com

Evangelism

Karl and Jeanie Newschaefer
pastorneuneu@aol.com

Gathering

Randy and Alice Brunk
rgbrunk@earthlink.net

Snack Room, Kitchen

Fred and Debbie Gossert
debfredg@aol.com

Luggage, Transportation

Keith and Linda Steward
lyndap Paige@msn.com

Newsletter, Reunion Group, Directory

Colon and Donna Davis
coldavis@bnprinting.com

Prayer Chapel

Phil and Lyn Triplett
lyntriplett@hotmail.com

Registration

Roy and Paula Pittard
lpittardjr@nc.rr.com

Set-up, Clean-up

Buddy and Charlotte West
buddy.west@ncmail.net

Training, *Treasurer

Danny and *Faye Cress
djress@earthlink.net

Worship, Music

Alice Kunka
alickunka@nccumc.org

Agape, Altars

Dave and Linda Amon
laamon@hotmail.com

Advisory

David and Lee Heathcoat
davidheathcoat@earthlink.net

The Harvest Crusade

June 22-24, RBC Center, Raleigh

Free concerts by top artists! Thousands getting saved! This will be one of the biggest Evangelical Events ever to come to the Triangle area! And you are invited to be part of it.

Can you pray, listen to someone, share the gospel, or assist the handicapped? Do you know sign language? People are needed to do all this and more! If you love the Lord, we can use you. Brian Rietvelt is the Garner area regional coordinator. Please call him at (919) 779-3539 to sign up.

For more information visit:
<http://www.harvest.org/crusade/2007/raleigh>.

Registration

Happy spring fellow community members! We have been so blessed to be part of the Heart of Carolina Board of Directors, serving this great community this year. And we need YOUR help. It will be so helpful if you could be sure that you, your church and your reunion groups all have the new registration/application forms, which not only have our name and address, but also a few additional questions on them, which are important for our area of responsibility.

If you are unable to obtain the new forms, which are available to be printed from the HOC web site (<http://rtpnet.org/~emmaus/>) AND available at Gatherings, Apostolic Hours, Send-offs and Closings, please let us know and we will be glad to send you one. We can be reached by e-mail (listed at the left) or by calling (919) 575-4158.

Remember that no matter how many persons you may have sponsored in the past, the HOC Board of Directors requires sponsorship training for each sponsor before we are able to process the application.

Financial Aid Fund

Since our Financial Aid Fund is almost completely depleted, please consider donating to this fund. Contributions can be made at our Gatherings, Apostolic Hours, Send-offs and Closings, or by contacting our treasurer Faye Cress at (919) 552-0713. We will also gladly accept donations mailed with applications. Be sure to designate on your check or envelope that the funds are for the Financial Aid Fund.

If you are sponsoring a candidate, please ask for financial assistance ONLY if a financial need exists. While some sponsors pay the entire

cost of their pilgrim, many pay at least the application fee. If you, as a sponsor, are unable to do this, please check with your reunion group or your church, since many have funds available for this purpose, before requesting assistance.

May God bless all of you as you continue to serve Him in so many wonderful ways.

Praying the Peace and Joy of the Risen Christ for each of you,
DeColores!
Roy and Paula Pittard

Snack Room and Kitchen

We have been asked to share a little of who we are and what we are about in serving this community.



Fred and Debbie Gossert

Debbie and I both Walked eight years ago in South Florida — I was on Oceanside Emmaus #1 and Debbie on Oceanside Emmaus #2. We moved to Raleigh six years ago from Boca Raton, FL. We both grew up in Carlisle, PA and we will be celebrating our 30th wedding anniversary in 2007. I work with IBM and Debbie for a Podiatry office as a medical receptionist. We worship at Millbrook UMC in Raleigh.

After moving to North Carolina, we became active in working behind the scenes in different areas of HOC and especially felt comfortable helping in the kitchen area. We are now on the HOC Board of Directors serving as the snack room and kitchen representatives. We feel very blessed

with all the support we receive from the Emmaus Community and we welcome each of you to be God's hands and feet and volunteer to sign-up to help in the kitchen and/or snack room. You may sign-up at one of the community Gatherings, Follow-ups, by e-mail (debfredg@aol.com) or by phone (919-844-4701).

2007 Snack Assignments

Members of the Emmaus Community are asked to supply snacks for each Walk. We are asking the following churches to supply the following items as needed:

- Low Fat and Sugar Free Snacks: Hollands UMC, Westover UMC, Horne Memorial UMC
- Fruit, Vegetables, Cheese and Dips: Edenton Street UMC, Hayes Barton UMC, St. Francis UMC, Glendale Heights UMC, Mt. Sylvan UMC
- Salty Snacks, Salsa, Trail Mix and Crackers: Garner UMC, St. Luke UMC (Sanford), First UMC Cary
- Candy and Nuts: Fuquary-Varina UMC, Nashville UMC, White Memorial Presbyterian
- Fruit Drinks and Soft Drinks: Gateway Community, Fremont UMC, St. Andrews UMC, Benson UMC, Elevation UMC
- Baked Goods: Millbrook UMC, Apex UMC, Wake Forest UMC, White Plains UMC, All Other Churches

Sponsors

Please bring a snack and a drink. We are especially in need of more fruit, vegetables and homemade baked goods. Cash donations are welcomed if you don't have time to shop or bake. We can use the funds to purchase items as needed.

DeColores!
Fred and Debbie Gossert

Finding My Mission

As a USMC helicopter pilot during Vietnam, several times I was shot down and faced near certain death during crashes, yet I never received so much as a scratch. As I left Vietnam, I left with a sure certainty that God had preserved my life for some special purpose known only to Him.

Although I was not walking in daily fellowship with Him, I knew that I was saved. Eight years earlier, I had sincerely asked Jesus to save me. I knew someday I would learn my life purpose. Still lacking a daily relationship with Jesus, my life spiraled downward towards thoughts of suicide. When I became desperate enough to hear God speak, he again met my need. Although I was saved from my sin, I had not been saved from myself. I decided that my choices and my efforts were incapable of making me happy. I knew that Jesus had to be both Lord and Savior of my life. Still my mysterious life purpose eluded me.

I learned that my spiritual gift was teaching the Bible to others. The Bible became a formidable weapon in my hand, and I used it to both bless and beat up on other people. For 20 plus years, my life had become a complacent merry-go-round. I went to church. I talked a good game of Christianity and I did the best that I could be a good person. In the practice of "being a good person," a coldness slowly came over my life. The lordship of my life was some-

MY FOURTH DAY

where in the routine of doing correct-ish things. There was no great life purpose to be found in my cold hearted, self-centered correct behavior.

After my Walk to Emmaus, I completely stopped trying to do anything. From then on it was only a matter of being — being His love object — being His friend — being His servant. After hearing about the three legged stool of piety, study and Christian action, God revealed to me how to live that balanced life.

GRATITUDE: is the parent virtue of all other virtues. Gratitude is the foundation of a correct relationship with the Lord. Without an "attitude of gratitude," any practice of piety will only be a false piety like that practiced by the Pharisees.

OBEDIENCE: God won't tell you what you are unwilling to hear. The "Word" must be the judge over our lives, therefore we can't be a judge over the Bible. A prevailing attitude like a small child or a dumb sheep is like a clean sheet of paper, upon which God will write. Bible study is first and primarily a hunger of the heart, and only secondarily is it a discipline of the mind. When the heart is like a sponge, revelation from the Holy Spirit naturally fills it.

AVAILABILITY: is the only requirement of Christian service. If my unavailability for service becomes a personal veto power over His will for my life, then He is not Lord of my life. As I serve Him, I have no plan of my own, nor any ego of my own. I seek only the sunshine of His smile. Since becoming absolutely available, I have been flooded with wonderful opportunities of service.

About 30 years ago, I met a person who was a lot like me. They were cold-hearted, aggressively competitive and full of self determination. I was sure they needed to be beaten severely with my Bible skills. After my Walk to Emmaus, I met that person again and they were warm, caring, friendly and transparent in their motives. In short, they had been transformed into the image of Jesus Christ. It was at that moment I found my elusive, mysterious life purpose. It has nothing to do with what I can do for Him. It is all about allowing Him to do for me! I once wrote: "I can not generate self-love or love for others, but when I let God's love flow through me it feels like it is my love." Likewise, when God's holiness flows through me, it feels like my holiness, etc. All that Jesus is, is mine, if I am His. It's not about my mission. It's not about me — it's all about Him.

Steve Cook
HOC Walk to Emmaus #80
Table of Mark
Benson UMC

WORK AREA REPORTS

Luggage and Transportaion

Keith and
Lynda
Stewart



Lynda and Keith welcome you to travel
Up and down the steps of Short Journey
Grabbing bags of Pilgrims
Going on that Walk
And delivering those bags to beds
Giving a nice Send-off to our Emmaus friends!
and
Transportation of Pilgrims is needed to give
Rides to far off places
And rides back too.
Numbers to call are (919) 222-4574 or (919) 242-6278 or
Send an email to
lyndapaige@msn.com.
Pilgrims will be so grateful not to have to "walk"
Or run on that surprise trip.
Remember your van ride?
This is a fun job and service to our community.
And the rewards are great.
Team members and Pilgrims will probably serenade you.
In three part harmony.
Or not ...
Now, come help us tote and haul!

Many thanks!
Keith and Lynda Stewart

Newsletter and Directory

THANK YOU! Donna and I have been "blown away" with the kind words of encouragement in the acceptance of the last newsletter.

Colon and
Donna
Davis



We want to take some of this space to let you know how appreciative we are of your kind words and the eagerness you have shown in offering suggestions and articles for print. As you are reading the second edition, we hope that you are still equally pleased.

We want to continue growing the newsletter with new ideas, and as we have stated, we covet your help. Please continue to pray for us as we offer to the community God's blessings. We do welcome your comments and input. You will notice in this issue how God is working through the Emmaus Walk and feeding energy back to the local church. The excitement from each Walk re-energizes churches through those Pilgrims that have attended, just as the model has been designed to do.

We shared at Follow-up the importance of reunion groups and how they are such an important part of our fourth days. The most important part is accountability; God is counting on you to follow through with your promises. Reunion groups are a time to openly share with the group what burden or concern, along with your joys that you have in your life. We should all remember the "bathing" of prayer that we all



Faye Cress leads a group through sponsorship training.

received and remember the power that is manifested in that. If you need help in connecting with or starting a reunion group, please feel free to contact Donna or myself, and we will do our best to get help for you.

Another area of concern that we have is maintaining a correct directory of those that have Walked within our community. Our predecessors worked very hard to accomplish the same thing, but we are still some distance away from accomplishing that. We are in the process of checking our registration records of those that have walked since HOC was formed. Our goal is to have every name and the perspective Walk listed.

If you have questions or concerns as to how we may better serve, please contact us.

DeColores!
Colon and Donna Davis

Agape and Altars

Greetings to all our Brothers and Sisters in Christ.

What a blessing it is to receive all the wonderful agape that is brought to us on each Walk weekend. Our Pilgrims have been blessed by the thoughts, time, love and craftsmanship that go into each piece of agape they receive. In case your reunion group is thinking of changing to a new piece of agape or if you are a new reunion group looking for some ideas, look over this list:

- Mending kits or mini tool kits with the message "God fixes everything".
- Emory board or sand paper with "Jesus can smooth away the rough edges".
- Hand held fans with "Join Jesus' Fan Club".
- Small Almond Joy candy. Put on the label or attach a saying that says: "The JOY of the Lord is your strength" — Nehemiah 8:10.
- A sewing pin pinned to a piece of paper with the words "pin your hopes on Jesus." Taken from KWA ZULU NATAL Emmaus and Chrysalis in South Africa.

If you should decide on any of these items, please be sure to contact us so that we do not have duplications. Reminder: reunion groups please place a contact name and telephone number on the outside of your bag, so we can return any extra agape. There should be 61 pieces of agape.

Please remember to volunteer to

work in the agape room on a Walk weekend. The busiest time and when help is needed is Friday and Saturday. Friday is spent counting all the agape and sorting it for distribution throughout the weekend. Saturday is spent putting packets together, sorting letters and various other activities. Come and work behind the scenes and share the Love of God through the wonderful treasures that are made for the Pilgrims, and you will be blessed knowing that you shared part of the weekend with them.

Sponsorship letters are an important part of every Walk weekend. Let us share some tips concerning the letters. Each Pilgrim should receive 12 letters; the outside of the envelopes should have the Pilgrim's complete name. These letters should be letters from family and or close friends. We have lots of moms, dads, grandmas and grandpas. If the recipient is not able to be identified it would be difficult for us to distribute them to the correct Pilgrim. Also, the sponsor needs to mark on the top right corner of the envelopes with S#1 through S#12 to be sure that all the main letters are given to the Pilgrim. Please do not place gifts inside of the envelopes. If a gift is detected in the envelope, unfortunately we will not be able to include it with the main letters and it will be given to the sponsor with any additional letters at the beginning of Closing on Sunday. Throughout the weekend, boxes marked sponsor and non-sponsor will be in the agape room. The boxes will also be at the church during the Apostolic Hour.

Please deposit your letters in the appropriate box.

Thank you for the opportunity to serve this community.

Dave and Linda Amon

Chrysalis

We hope this newsletter finds everyone doing well and enjoying the beauty of God's creation at this time of year!

Si and
Stephanie
Weeks



Thanks to everyone who supported us during the recent spaghetti dinner. It was a successful fundraiser and it was inspirational to see the joy in our youth.

The Fall Flights will be September 1-3. There is a registration deadline of August 19, 2007. If we are unable to fill the Flights by August 19th, the board will roll these applications to January.

Following prayer and the leading of the Holy Spirit, please recruit high school students to attend. We will continue to offer a college-age table on the Fall Flights. You can find more information and the applications on the Chrysalis web site (<http://www.gbgm-umc.org/hoc-chrysalis/>).

Please be in prayer about your service to and within the Chrysalis Community. Calls will soon be going out inviting individuals to serve on teams or on the board. Prayer prepares and helps center us.

If we can answer any questions or be of any help to you, please contact us at (919) 552-7458 or snweeks@nc.rc.com.

Got Chrysalis?

Are there youth at your church who would like to know more about Chrysalis? If so, we can help ...

Ray and Elaine Teague are available to come to your youth group.

They will bring some youth; provide music and at least one or two testimonials by the youth. Please plan for at least a half hour.

If you are interested, please contact Pastor Ray at (919) 656-5730 or wrt@mebtel.net.

Be joyful always; pray continually — 1 Thessalonians 5:16-17

Si and Stephanie Weeks



Chrysalis helpers await the crowd at the annual spaghetti fundraiser.

Meet the Most Recent Pilgrims



HOC Walk to Emmaus #91

1st Row: Joel Watson, Fred Gossert, Josef Whiter, Gerald Watson, Len Harris, Jimmy Faison, Bob Eckel
 2nd Row: Lyle Overcash, Mike Whatley, George Pilkington III, Randy Bruck, Billy Gooch, Carl Frazier, Bryan Faggart, Michael Hull, Jay Brown, Mike Ihrle, Ron Patton, Randy Durham
 3rd Row: Travis Montgomery, Hal Houdek, Jeff Fako, Dave Amon, Lawrence Bradley, Michael Davis, Mark Edmondson, Chris Whitman, Richard Dennis, John Hammond, Jonathan Jeffries, Fielding Miller, Russ Secrest
 4th Row: Roger Pickett, Walter Tate, Brian Egler, Mark Shear, Gary Bullock, David Gibbons, Buddy West, Nelson Blizzard, Butch Lawter, Rick Emerick, Darrell McVey, Ted Beemer
 5th Row: Ted Rogers, Ronnie Jones, Cindy Lister, Rusty Rains, Gary Snyder, Charles Smith, Drew Ramsey, Carlos Alvelo, Al White, Rex Scott, Kelvin Harrison, Jamie Humphries, Gary Brace, Frank McCorquodale, Mark Johnson, Dave Gray



HOC Walk to Emmaus #92

1st Row: Linda VonDerGathen, Karl Neuschaefter, Martin Armstrong, Lee Heathcoat, Robin Keith, Joyce Horn, Diana Belles, Teresa Little
 2nd Row: Valerie Humphries, Ann Gooch, Cecilla Harris, Lisa Durham, Rebecca Gray, Wanda Price Fortune, Judy Eberhardt, Amy Gossert, Kathy Shear, Patty Gravinese, Beth Ramsey, Lelia Babson
 3rd Row: Mary Griffin, Cynthia Woodard, Gaylynn Mahaley, Genette Tate, Debbie Gibbons, Annette Hall, Classy Preston, JoAnne Brace, Billie Jernigan, Sue Petty, Patricia Sulte, Barbara Hughes, Claudia Fordham
 4th Row: Carla Dennis, Elizabeth Hammond, Pattie Hendrickson, Carla McVey, Carol Miller, Molly Beck, Julia Harrison, Julia Alliger, Teresa Milton, Rochelle Whittle, Patti Naylor, Stephanie Hileman
 5th Row: Kathy Jones, Dorothy Taylor, Nicole York, Jan Edmonds, Wendy Rietvelt, Wendy Overcash, Sonja Whitman, Becky Thigpen, Maxine Spivey, Freda David, Stephanie Weeks, JoAnn Currin, Joyce Odom, Debbie Gossert

Walk #93 Team

Lay Director
 Ginny Jordan

Assistant Lay Directors
 Rhonda Beal
 Ruthie Borrell
 Debra Carver
 Lynda Stewart

Table Leaders
 Lois Beal
 Donna Davis
 Kay Thompson
 Barbara Walton
 Susie White
 Candy Whitley

Assistant Table Leaders
 Renee Gamble
 Lisa Jensen
 Susan Kilgore
 Denise Massey
 Ellen Ward
 B.J. Woodall

Music Leader
 Michelle Disney

Assistant Music Leader
 Eleanor Armstrong

Spiritual Director
 Roberta Byram

Assistant Spiritual Directors
 Teresa Holloway
 Claire McKeown
 Richard Stone
 Neal Wingfield

Board Representative
 Nancy Cashion

Walk #93 Participants April 19-22

Traci Alvelo
 Ginny Bachouros
 Terri Blanc
 Suzanne Botts
 Gayle Buchler
 Dilcy Burton
 Cathy Butler
 Valeria Caviness
 Linda Chamberlin
 Shirley Danuski
 Patricia Emerick
 Sue Haney
 Texas Harreld
 Carla Holder
 Christina Hull
 Heather Jeffries
 Latasha Ledbetter
 Kelly Lewis
 Pat Mace
 Kim Miller
 Ellender Mills
 Jeannine Montgomery
 Karen Morant
 Virginia Moulton
 Terry Ng
 Monica Nichols
 Debbie Roberts
 Jill Simpson
 Betsy Smith
 Kathleen Snyder
 Kathryn Surlis
 Michele Temple
 Katie Welch
 Pat Whatley
 Cindy Williams
 Peggy Williams

Building - from page 1

Maintain an updated list of all community members in your local church by name, address and telephone numbers, as well as a separate e-mail address for each person.

Put them on a separate disk and you are ready to send out community information about needs, upcoming Walks and other necessities. One member should handle the two aforementioned tasks. When members move or change e-mail addresses, they can notify the person that keeps the lists, whereby they can be updated on a regular basis.

What I would do prior to each Walk or Chrysalis Flight is send out a community e-mail to every member in the community notifying them of the dates and times, who the Pilgrims and Caterpillars are and who the sponsors and team members are, and encourage them to write letters of support to each one. I would also make them aware of what their snack room assignment was, as well as all the areas of work that are available behind the scenes and to be sure to attend Apostolic Hour.

The most important things to remember are the three principles of our Emmaus Communities:

- (1) To enrich our personal relationship with Jesus Christ.
- (2) To "Christianize" our home and work environments.
- (3) To equip and build new church leaders in our communities.

If we remember these three things in our daily endeavors we will certainly be doing what Jesus wants us to do as the members of the Body of Christ. It is "Your Fourth Day," so use the gifts that God has given each of you. Get involved in your local Emmaus Community.

One of our reunion groups at Hollands UMC (The Salvation Sailors) is very active in the Emmaus

Community. It is led by our Emmaus team leader, brother Rod Poole, a very devoted Disciple of Christ. He not only "talks the talk," he also "walks the walk!" He also is the team leader for our Chrysalis involvement.

One member in our reunion group designed our Agape card that we put in the Agape bags for every Chrysalis Flight and Journey and Emmaus Walks. Another member leads our praise band and contemporary service. Two others are involved in the Kairos ministry. Many of our church community Emmaus members sing in the choir. Our members also work the lunches and dinners for the mens and ladies Walks, as well as participate in many other behind the scenes work. One of our reunion groups has their own website.

All of our church Emmaus and Chrysalis communities are very involved in our church and community. Many are involved in our Disciple bible study and Romans bible study as teachers and participants. Others are involved in sound and musical ministries, Scouting and missions activities, like community assistance and Katrina relief work teams and disaster relief work teams.

These are just some areas of work that we are involved in for others to consider. I am extremely proud to be a member of Hollands UMC and "The Salvation Sailors." Our Chrysalis and Emmaus Communities are very "vibrant" and active Disciples of Christ. They very much enjoy being the "Hands and Feet of Christ" as members of the "Body Of Christ."

May God bless you all!
 In His service;
 DeColores! <->< +++++
 Gerald Lewis
 HOC Walk to Emmaus #36
 Table Of Peter
 Hollands UMC, Raleigh