



Walk to Emmaus[®]

THE UPPER ROOM

Winter Issue, Vol. 9, No. 1

Happy New Year Heart of Carolina

Happy New Year ... and Grace and Peace to you all from God our Father and Lord Jesus Christ.

We are humbled as we begin our service as the 2009 Lay Directors of



Keith
and Lynda
Stewart

the Heart of Carolina Emmaus Community. We look forward to serving with your 2009 Board of Directors who will be introduced in this newsletter. We request your continued prayers for our community and for the board's guidance in community affairs.

Firstly, we extend our heartfelt thanks and gratitude to our retiring board members Danny and Faye Cress, Fred and Debbie Gossert and Roy and Paula Pittard. They have served our community faithfully and tirelessly in their board positions. We would also like to thank Ray and Deb Murphy who have just completed four years in HOC leadership roles, including one year as Commu-

nity Lay Directors and another as Board Advisors/TS Chairs. Our 2008 Community Lay Directors Jim and Ruthie Borrell will continue to serve as Board Advisors and Chairpersons for our Team Selection Committee. These friends have richly blessed and continue to bless our community.

On a personal note, we have been honored to serve in the HOC Community since our original Walks in 2001 (Keith, Walk #45 and Lynda, Walk #46). We worship at Fremont UMC where we each teach Sunday school classes, sing in the chancel choir and work on various church committees. Keith, along with his brother Hank, own and operate Fremont Pharmacy. Lynda teaches a separate exceptional children's class (K-5) at Fremont STARS Elementary. We enjoy music, theater, art and sailing. We were high school sweethearts and will celebrate our 33rd wedding anniversary in June. Our involvement with the HOC Community has greatly enriched our marriage and our spiritual lives.

As we begin 2009, we would like to focus on JOY. We proclaim "Joy to the World" and profess to have that "Joy ... Down in our Hearts" and joy-

fully "Adore Him". We experience joy in the serious and light-hearted moments on the Walk weekends. We are filled with joy as we sing and share ourselves and our enthusiasm for our Lord. The Emmaus purpose is exemplified in joy ... that is through Jesus, others and you.

Consider this JOY as it relates to our lives:

J - Jesus. Let us strive to strengthen our personal relationships with Jesus, our Christ and Savior. He is the center of our joy.

O - Others. After Jesus, we should turn our focus to others as we develop our service and leadership in our local churches and their missions. We are called to minister to others and as we do, we spread His joy.

Y - You. Lastly the focus is on you as you Christianize your environment and allow the light of Christ to radiate in your families, homes, workplaces and your world. Our joy can not be contained.

In this new year and in the years to come, we wish you joy.

May the grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.



Leading the January Gathering were Chip and Renee Habersetzer, along with Rusty Rains.



Darlene Lumkin was the Fourth Day speaker. Rev. Greg McGarvey (not pictured) led the worship.

A "Hoot" of a Conversation

By Brianna White
and Madison Kennemur

Enjoytheride2011 has logged on.

Ivegotasavior has logged on.

Enjoytheride2011: Hey! How was your weekend?

Ivegotasavior: It was absolutely amazing! I spent the weekend at a Chrysalis Hoot in Sanford. How was yours?

Enjoytheride2011: Pretty good. But getting back to yours ... what do you mean Chrysalis Hoot?

Ivegotasavior: Well, Chrysalis is a three day spiritual retreat. You'll be put in small groups with about 5-6 other people close to your age. You

will attend special worship services and you'll hear talks given by adults and youth. This is pretty much the best three days of your life. You'll grow in your relationship with Christ in ways you never knew were possible.

Enjoytheride2011: Sounds like a lot of fun. So what's a Hoot?

Ivegotasavior: It's a "get together" for the Chrysalis Community, but even those who are "candidates" for going on a Chrysalis are invited to go. It's a time of fun, fellowship and worship. Not only is it a time to expound on old friendships, but it's a time to meet new friends. We usually have them on a Friday or Saturday night.

Enjoytheride2011: This all sounds

amazing! So what was so special about this Hoot that it was a whole weekend?

Ivegotasavior: Well, you see, this weekend is normally set aside for a Chrysalis Flight, but instead, we combined the Hoot with a lock-in. Let me tell you ... I've never seen so many teenagers bond and worship the way we did this weekend. We had icebreakers to get to know each other, worshipped with a band called PS151, listened to testimonies, and joined in small group discussions. You could definitely feel God's presence with us!

Enjoytheride2011: Hearing all of these things makes me want to become involved. How do I begin?

Ivegotasavior: First, PRAY, PRAY

and PRAY! Make sure this is something that you really want to do. Second, talk to a few people you know that have gone about Chrysalis. Third, find an adult or youth that has gone on Emmaus or Chrysalis to sponsor you. Finally, if you're ready to go on Labor Day weekend, get your registration form in by JULY!

Enjoytheride2011: This weekend seems like no other! I can't wait to get involved! (:

Ivegotasavior: Does this mean I'll see you Labor Day weekend?

Enjoytheride2011: Definitely! I wouldn't miss it for the world!

Ivegotasavior: (:

Enjoytheride2011 has logged off.

Ivegotasavior has now logged off.

2009 Board

Community Lay Directors

Keith and Lynda Stewart
lyndapage@msn.com

Community Spiritual Director

Stuart Milton
pastorstuart@walnutgrove-umc.com

Agape, Altars

Kim and Freda Davis
fredadavis@embarqmail.com

Apostolic Hour, Follow-up

Al and Susie White
alsusie@bellsouth.net

Book Table, Photo

Si and Stephanie Weeks
snweeks@nc.rr.com

Chrysalis Council

Joel and Pam Watson
pamwatsonebumc@bellsouth.net

Evangelism

LuAnn Charlton
lcharlton@hbumc.org

Gathering

Steve and Carol Durham
carolfdurham@yahoo.com

Luggage, Transportation

Ronnie and Kathy Jones
jrkmjones@windstream.net

Newsletter, Reunion Group, Directory

Colon and Donna Davis
coldavis@bnprinting.com

Prayer Chapel

Trip and Kathy Alden
alden@email.unc.edu

Registration

Royce and Becky Thigpen
rthigpen@embarqmail.com

Set-up, Clean-up

Russ and Melody Secrest
russ@secrestbuilders.com

Snack Room, Kitchen

Steve and Suzanne Cook
spcooksteve@aol.com

Training

Brad and Steph Lewis
stephanie.lewis@honeywell.com

Worship, Music

Will Jackson
wiljack5@nc.rr.com

Advisory

Jim and Ruthie Borrell
borrellje@yahoo.com

2009 Walks

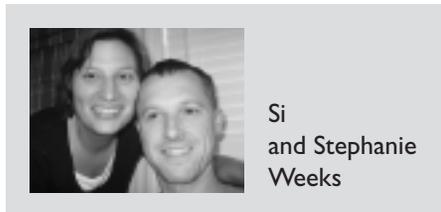
Women's #106, Feb. 12-15

Women's #107, April 16-19

Men's #108, Sept. 24-27

Women's #109, Oct. 15-18

WORK AREA REPORTS



Si
and Stephanie
Weeks

Book Table, Photo

With each New Year we enjoy taking the time to reflect on our Walk and to be thankful for the blessing of this Emmaus Community.

We also begin to look at the year ahead with excitement for the Walks to come. For our particular area, support from the community helps in several ways:

1. Unpacking and packing - Before each Walk we unpack all the supplies, then after the Walk is completed, we pack everything and stow it in our storage closet. If you are available Thursday or Sunday about 2 p.m., then we can use your help!

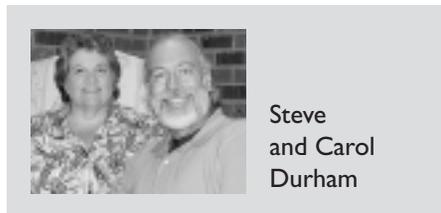
2. Book table - We have books available for purchase during each Walk weekend. If you are available Saturday mornings for an hour to display these books, then this is a great way for you to serve!

3. Agape book table - Each Walk features an Agape book table stocked with books donated by the HOC Community. You can bring books either to monthly Gatherings or to Short Journey during Walk weekends. Just put your donations in the "Agape Book" box.

We put out Agape books early Sunday morning of each Walk. If you are available around 8 a.m. on Sundays to display these books, this is a fun way to serve our Pilgrims.

To help in the Book Table and Supply area, please e-mail us at snweeks@nc.rr.com or just join us as you are available.

We always thank God for all of you, mentioning you in our prayers. We continually remember before our God and Father your work produced by faith, your labor prompted by love and your endurance inspired by hope in our Lord Jesus Christ. — 1 Thessalonians 1:2-3



Steve
and Carol
Durham

Gathering

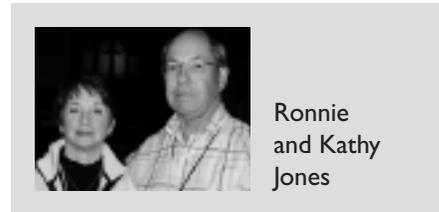
We just wanted to take a moment to introduce (or reintroduce) ourselves and the Gathering work area. We are newly elected, yet returning, as we filled a spot for part of the year last year. We have lived in Hillsborough now for 28 years and attend Hillsborough First Baptist Church (and it is safe to make fun of Baptists when around us, just be ready to laugh with us). In this church we have been involved in

Sunday School, from children's classes all the way to adult classes. We have served on committees and the deaconate. We have sung in the choir and listened from the pews, helped with worship and delivered the message. It is where we raised our children and helped to be family for others doing the same. We both Walked with Heart of Carolina in 2005 (#80-81). With the HOC Emmaus we have done many things as have others. It is a great place to serve, but no more so than the church you come from. Carol teaches nursing at UNC-CH and Steve works as end user computer support of the NC DOT.

For this Gathering work area to happen it takes the time and talent of many folks. We just organize it some and put some muscle into helping it happen as well. The muscle part is getting the room set up, taken down and cleaned. The organization part is in encouraging others to participate by signing up to do moderator, Fourth Day speaking, music, clergy and refreshment roles. There is also the aspect of helping to guide and shape how the worship time is to be. There is a set format, but it is always nice to freshen it a little by having some changes occur within that framework. The desires of those helping in this area is that those attending will have a meaningful worship experience.

If you feel you would enjoy helping set-up, take-down, clean-up, offer refreshments, be in front of the community in a worship role, or explore what you might can do, please see us and sign-up. If you try to see us during the Gathering, we may be a bit preoccupied, but please persist and ask your question, make your offer, or simply sign-up at the designated table. For those that would just like to explore this, show up at 6:15 on a Gathering night. More hands make for light work. Snacks are always a welcome offering as well.

Remember Gatherings are the 4th Friday of the month at 7:30, except if that is the weekend of a Walk. It is typically at White Plains UMC in Cary. Gatherings are open meetings, so bring friends and family with you.



Ronnie
and Kathy
Jones

Luggage, Transportation

I know that when we were pilgrims on our original Walk we wondered how miraculously our luggage had appeared on the bed assigned to us and how they knew right where to take it. The little Emmaus fairies and elves were hard at work tugging and toting all that luggage, with some pilgrims having as

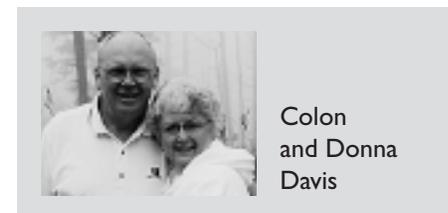
many as four or more pieces. Boy, those steps can get hard to maneuver.

When we walked out of Short Journey to go on our surprise outing on Saturday night, and there, all in a row, were all these vans with our church names on them. A first thought might have been how were they able to get all those names on the vans, where did they come from, and who was driving?

We can remember all those thoughts, questions and excitement as pilgrims, and now we can do the same for new pilgrims. Please join us as we take care of the pilgrims luggage, deliver it to the right beds and return them on Sunday afternoons to their rightful owners.

Moving luggage starts around 6:30 p.m. on Thursday night at Send Off and then around 2:30 p.m. on Sunday afternoon when we return them to a staging area to be claimed by sponsors for their pilgrim. Help with luggage is greatly appreciated and the more help we have, the less trips we will have to make up and down the stairs. Van drivers are also needed for the Apostolic Hour on Saturday night. Six drivers are needed for each Walk. Times and places will be explained when you sign-up. This is a very rewarding time because you are a major part of this very special event during the weekend.

Please come and share the joy of serving the pilgrims. For more information or any questions you might have, please call us at (919) 776-5638 or e-mail us at jrkmjones@windstream.net.



Colon
and Donna
Davis

Newsletter

Donna and I had the opportunity around the holiday's to spend a few days at our place in the "Smokies". We think that God spent a lot of time creating that part of the country. We see the beauty of all the seasons from the beautiful mountain laurel in the spring to the color pallet that is displayed in the fall. We were there this time when all the foliage was gone, but seeing the mountains with clouds settling down around the hills is just as pretty.

Donna and I also would continue to challenge you to follow the Emmaus model with your reunion group meetings. Meet regularly and be sure that you share the opportunities of the week, yes even the denial. It is important for us to recognize those times that we could have maybe made a difference in someone's life.

I think this will be appropriate in mentioning, if not, I have already

WORK AREA REPORTS

said it. I'm sure you have heard the board being introduced as a working board, well it is true. Allow me to mention one of those, unless you have walked in the shoes of the Community Lay Directors, you can't imagine the time that is spent doing just that, working. I don't know the hours that they spent in the community, but I can attest that it has been "bunches". Jim and Ruthie, I know that you do not desire a star by your name, but thank you for all the hours that you spent in prayer and the love that you have shown towards Heart of Carolina. This year (2009) brings new Community Lay Directors to HOC. Keith and Lynda Stewart are excited about the road that lies ahead. I believe that we may not see all of what they do, but we will feel it through their love and dedication to this community.

In closing, I am excited about changes that soon will be taking place within our database management. HOC has grown so much and continues to do so, it has become even more important that we have options for shuffling, mixing, sorting and a various number of things to all that information that is collected. It has become more difficult keeping track of those that Walked and served in our community with what we presently have.

One of my favorite Bible scriptures is Ecclesiastes 3:1-8. It is about a time for changes. We all are reminded from time to time that we need to step out of the boat, make a difference in our lives and others as we serve.



Royce
and Becky
Thigpen

Registration

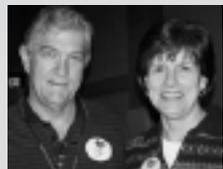
As the New Year begins, let us consider all the blessings of the past year. Each of us can recall God working in our lives in small and wonderful ways, as well as in grand ways. One of the things that the Walk to Emmaus did for us was to enable us to see all of our blessings from God more clearly than ever before.

We would ask you to prayerfully consider those around you that may be blessed by attending the Walk themselves. When you have discussed the Walk with these persons and are ready to sponsor, please use the application on the Heart of Carolina web site. You can find the three page application under the "Sponsorship" tab on the home page (one page for the candidate to complete and two for the sponsor). This also gives you a guide as to who would be a good candidate for the Walk to Emmaus and what your responsibilities would be as a sponsor. It is now interactive so you can type in the in-

formation and print it off. How easy is that! Our mailing address is included on this application.

Just remember that the Heart of Carolina Emmaus Community requires sponsorship training. Sponsorship training information is available at most Gatherings or from any board member.

Should you need assistance, please feel free to contact us (Royce and Becky Thigpen) at 2434 Pauls Path Rd., Kinston, NC 28504 or at (252) 522-4831.



Trip
and Kathy
Alden

Prayer Chapel

Prayer undergirds every aspect of the Walk to Emmaus and the weekend Walks clearly demonstrate the importance of prayer. Behind the scenes at every Emmaus Walk, there are community members engaged in prayer. People come unnoticed throughout the weekend to the prayer chapel to pray. Specific prayers are offered for each speaker before, during and after his or her talk. There are prayers offered for the entire conference room team, and most especially, for the pilgrims.

In addition, community members are praying continuously in their homes, workplaces and wherever they may be as part of the 72-hour prayer vigil. People are setting their alarms and waking throughout the night to offer prayers for the Walk.

For those who come to Short Journey Center, and for those who are praying at home and other places, here are some suggestions of prayers that you might want to offer:

- Pray for the Walk and that it will serve God's purposes.
- Pray for the Heart of Carolina Emmaus Community and that each one will do his/her part to see that God's purposes are realized through the Walk and that each person will grow closer to Christ during his/her Fourth Day.
- Pray for sponsors, being thankful for what each has done to get the pilgrims to the Walk and for their ongoing support of the pilgrims after the Walk.
- Pray that God will remove any obstacles that may hinder each pilgrim from a closer Walk with Christ during the weekend and in the future.
- Pray for family members of pilgrims and the team, those who are staying behind and being supportive.
- Pray for the local churches that are represented on the Walk, that they will be strengthened by the Walk to Emmaus.
- Pray for Apostolic Hour and Closing.

• Pray for the Heart of Carolina Board of Directors and members of committees, that God will strengthen and lead each one in faithful service.

• Pray that each person, home, church, community and our world will be changed according to God's will and purpose.

Remember that sign-ups for the 72-hour prayer vigil and for the speakers' prayer chapel are available at Gatherings and at Send Off. Please participate in praying for the Walk and for specific speakers.

For each Walk, there are one or more designated weekend coordinators for the prayer chapel. The role of the coordinator is to attend the team training weekend, and to be present for the Walk weekend, guiding the community members in prayers for the team and the pilgrims. Individuals, couples or even reunion groups may elect to serve as prayer chapel coordinators. Detailed instructions are available and it is recommended that anyone who desires to volunteer as prayer chapel coordinator should first participate with someone who is more experienced in this role. If you are interested in praying with any of the speakers during the upcoming Walks or serving as prayer chapel coordinator for any of the upcoming Walks, please contact Trip or Kathy Alden at 362-7713.



Brad
and Steph
Lewis

Training

Happy New Year friends! We'd like to begin by introducing ourselves since we are new to the board. We are Brad (Walk #87) and Steph (Walk #88) Lewis. Our home is in Nashville and we are members of Nashville UMC. We have a daughter age 7 and a son age 5. Since our Walks, we have served behind the scenes in the kitchen and at candlelight. We look forward to our first year on the board of directors, while continuing to work behind the scenes.

We will coordinate training for team members as they begin to prepare for a Walk. We are also responsible for sponsorship training. As you are aware, anyone that would like to sponsor a pilgrim on a Walk is required to attend one of the sponsorship trainings prior to some of the Gatherings. Training will be available on February 27, May 22, June 26, July 24, August 28 and Dec. 4 at 6:30 p.m. These trainings will be held at the same locations as the Gatherings. Please mark your calendars for these dates now, so you don't miss out. Sponsorship is one of the most important things each of us in the community can be a part of

to strengthen our churches and make sure Walks are full. If you would like training at one of the satellite Gatherings or have a special training time offered in your church, please contact us at (252) 442-2726 or send an e-mail to stephanie.lewis@honeywell.com. We look forward to seeing the community work together to grow strong leaders within our churches.



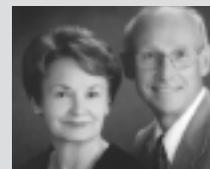
Will
Jackson

Worship, Music

My work area is Worship/Music. It is my responsibility to enlist clergy and music leadership for each occasion of Send Off and the Apostolic Hour, held in conjunction with each Walk. We have had wonderful cooperation last year and 2009 is moving along nicely.

Since I am retired clergy, I have good leads for clergy leadership. I am still discovering well-qualified persons to provide music leadership. My goal has been to increase the pool of persons used.

I have two openings for music persons in conjunction with the Women's Walk #107 (April 16th for Send Off and April 18th for the Apostolic Hour. One clergy slot is open for the April 16th Send Off. Please e-mail me at wiljack5@nc.rr.com.



Steve
and Suzanne
Cook

Snack Room, Kitchen

Fred and Debbie Gossett have served as board members responsible for Kitchen and Snack Room for the last three years. Steve and Suzanne Cook are now assuming that role.

Some changes have been made to the Snack Room Assignments list. Please check to see if your church or reunion group is now being asked to provide a different type of snack. Remember also, that these are only guidelines whose purpose is to achieve an even balance of goodie types.

Kitchen help is always needed during the Walk weekends. Sign-up sheets allow for 10 kitchen helpers for each meal. That's 80 selfless, anonymous servants per Walk. The really blessed part of kitchen service is that there is a great amount of interaction of the kitchen team. It's a great way to meet and really get to

Continued on back page



HOC Walk to Emmaus #103

1st Row: Jim Borrell, Jim Gregory, Travis Montgomery, Trip Alden, Chip Habersetzer, Tim Boomhower, Douglas Coleman

2nd Row: Jerry Dickerson, Leon C. Moseby, Jay Locklear, Lynn Ward, Mel Williams, Joe Babock, Robert L. Pearson, Andrew Heathcoat

3rd Row: James McLawhorn, Jeff Strum, George Peacock, Stephen Durham, Butch Lawter, Mark Bethea, Michael Zabriskie, Bill Spencer, Jeff Briggs

4th Row: Michael Aheron, Vito Bisogno, George Smit, Lee Twisdale, Roy Woods, Buddy West, Andy Jones, Mike Lumpkin, Bill Ferrell

5th Row: Hunter Preston, Gary Allred, Arthur Wall, John McAllister, Billy Bevill, Michael McClaw, Gary Johnson, Si Weeks, Dave Snyder

It's a Hoot!

Some observations from the MLK Weekend First Ever Overnight Hoot. Friday night we arrived thinking there would be chaos (albeit organized) and that frantic servants would be looking for help. What we found was a group of around 100 young people and servants enjoying fellowship, food, fun and faith with a schedule, flexibility and cooperation. We stayed to worship and watch the Chrysalis Community in motion. Friday night and Saturday were filled with music, talks, information from the Upper Room, videos, food, music (really good) and fellowship. There were two tables of young persons who had not yet been on a Chrysalis Flight. The community embraced them, included

them, and encouraged them (as they encouraged each other). The talks were powerful and meaningful. By lunch time on Friday, the young people were arm in arm and they wrapped around the room while PS151 (the band) led them in praise and worship music. Saturday night's worship was special and well, you'll just have to be there for the next Chrysalis event to know how powerful and meaningful it was. All in all, it was a great weekend and we are glad we went. We encourage you to get involved in Chrysalis, in the lives of these young people and their board of directors. Make a commitment ... and FLY WITH CHRIST!

Ray and Deb Murphy

WORK AREA REPORTS

Continued from page 3

know others in the Emmaus Community! It's also a great reunion group activity. Kitchen service is a lot of work crammed into a short period of time. Snack room service on the other hand requires fewer people, less work and much longer service time waiting to the next required snack room action of the day. That really allows a lot of fellowship time.

Although the food is generally cooked by the Short Journey staff, there is another unsung hero of each and every Walk. The "Walk Kitchen Coordinator" has a lot to do with the making of a great Walk. That person or couple supervises all 80 kitchen volunteers through eight meals. The snack room also has a weekend coordinator and a few helpers. They resupply and clean up the goodie tables and frequently change the decorations in the snack room. Elaine Teague will coordinate the kitchen on Men's Walk #105 and Bill Lump on Women's Walk #106. Suzanne Cook will oversee the snack room on #105 and Danielle West will be in charge on #106. We are still in need of kitchen and snack room coordinators for the April Women's Walk #107 and subsequent. I Timothy 5:25 says that some good works are openly manifest and other good works can not be hid. Serving behind the scenes can not be hid.

Members of the Emmaus community supply the snacks for each of the Walks. Recently, we have been asked to consider providing healthier snacks and have listed some possibilities below. The churches listed are being asked to provide the following items:

Baked Goods/Dessert Items: cakes, cupcakes, pies, cookies, etc. Some could be sugar-free, low carb or low fat. Please mark these so they can be identified as such. Nashville UMC, Hollands UMC, Horne Memorial UMC, Community UMC (Butler), Benson UMC (Beacon Reunion Group), ALL other churches.

Baked Goods/Breakfast or Brunch Items: coffee cakes, tea breads, rolls, etc. Some could be sugarfree, low carb or low fat. Please mark these. Millbrook UMC, Apex UMC, Wake Forest UMC, Christ Community UMC (Clayton), Glendale Heights UMC.

Crackers and Accompaniments: crackers, cheese, cheese balls, spreads, peanut butter, meats (pepperoni, smoked turkey, etc.), meat and cheese trays. Consider lower fat cheeses, reduced fat, low-sodium crackers and spreads. Please mark accordingly, unless labeled. St. Luke UMC (Sanford), Turner Memorial Baptist Church, Fremont UMC, White Memorial Presbyterian Church.

Salty Snacks, Dips and Nuts: chips, pretzels and party mixes. Again consider those that may be higher fiber, low-fat or low sodium. (Stacy's makes higher fiber, low sodium baked chips and snacks for example) Label, if needed. Low-fat and low carb dips are also needed. Plain (unsalted and no-fat) nuts — especially almonds, walnuts or pecans — toasted or plain are good snacks for those who need to watch fat and sodium. Sunrise UMC, First Church (Cary), St. Luke (Goldsboro), White Plains UMC, Reconciliation UMC.

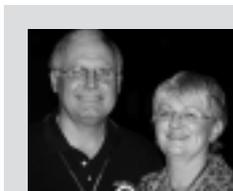
Fruit and Fruit Dips/Spreads: fruit trays, individual fruits, trail mixes and dried fruits. Laughing

Cow Cheese and other low-fat cheese spreads are good on apples, pears, etc. Benson UMC (JOY Reunion Group), Pleasant Grove Church (Cary), Wesley UMC (Raleigh), Mt. Sylvan UMC (Goldsboro).

Vegetables and Dip: veggie trays and individual veggies that can be eaten raw. Consider low-fat, low-carb dips and spreads. Elevation UMC, Gateway (Fuquay-Varina), Olive Grove Baptist Church (Creedmoor), North Raleigh UMC.

Candies: All kinds, including mints and hard candies, M&M's, chocolates and home-made. Please include selection of sugar-free candies. Fuquay-Varina UMC, Trinity UMC (Kinston), Wesley UMC (Raleigh), St. Francis UMC (Cary), Ebenezer UMC, Garner UMC.

Drinks: regular and diet soda, bottled teas, juice and other drinks, especially healthy alternatives. Edenton Street UMC, St. Andrews UMC, Walnut Grove UMC, Westminster UMC (Kinston), ALL sponsors of Pilgrims.



Jim and Ruthie Borrell

Advisory

Greetings Heart of Carolina Emmaus Community! After a wonderful year serving as your Community Lay Directors, we move this year into our new role as an advisory non-voting member of the board of directors. We thank everyone for all your prayers and

support in 2008. We ask for your continued prayer and support as we are now the chairpersons for the Team Selection Committee.

Team Selection has changed somewhat over the past few years as we have grown from a new small community to an established larger community. We have the luxury of asking people to serve several times at Table positions, thus giving our teams a wealth of experience and knowledge. A change that will be made this coming April with the Women's Walk #107, is the way we introduce first timers to the Conference Room Team. Traditionally, HOC Emmaus has asked many first timers to serve as Assistant Table Leaders and also give one of the 10 lay talks. But the Upper Room guidelines recommend that first timers serve as Assistant Table Leaders and not give a talk. The lay talks are given by team members who have had at least one team experience. So the change will be made so HOC will be in compliance with the Letter of Agreement with the Upper Room.

And, speaking of serving on a team, we use our database to keep contact and service records up to date. So, if you have moved, have a new telephone number, have a new e-mail, changed your name, please contact us so we don't lose you in the system!

And, if you see folks in and around your church and the HOC Community who are serving our God and you think would make good team members, please send their names to us. With over 3,600 in our community, input from our community is so very helpful as we prayerfully consider folks for service on an Emmaus team.