

Heart of Carolina



Walk to
Emmaus
THE UPPER ROOM®

Volume 04, No. 2

April, 2004

From Your Spiritual Director

"The Gift of Time"

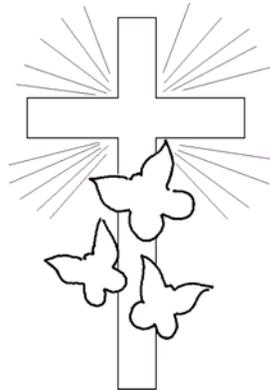
God gives us the gift of time to grow. There are no shortcuts to Christian maturity. Be patient. You may be in a hurry but God isn't. While we may be into speed, God is far more interested in strength and maturity. God gives us the gift of time to grow. The Heart of Carolina Emmaus Community is committed to helping grow mature Christian leaders for the church. Here is how you can help:

- 1) If your pastor has not been on a Walk or is not presently active in Emmaus, please talk with him or her about becoming involved in Emmaus as a way to bring renewal to the church;
- 2) Place an emphasis on sponsoring persons who are either leaders in the church already or who are strong candidates for becoming strong leaders in the future;
- 3) Make it a priority in your life to attend Gatherings, reunion groups, the Apostles' Hour, etc. and to support the Walks by your service;
- 4) Make sure you mentor the persons you sponsor to do the same;
- 5) Remember to support the Heart of Carolina Community with your financial gifts in order

to help keep the costs down for our weekend Walks;
6) Remember to pray for our Board of Directors as we guide our Heart of Carolina Community through the recent changes handed down to us through the Upper Room.

God is giving us the gift of time right now through the season of Lent. I pray that as you journey through these 40 days you may be comforted by the words of Paul, "God began doing a good work in you, and I am sure he will continue it until it is finished when Jesus Christ comes again." Philippians 1:6

Blessings,
H. William Green



Lay Director's Corner

The Heart of Carolina Emmaus Community has been blessed with the addition of 62 new pilgrims thus far in 2004. We eagerly look forward to

welcoming the pilgrims of Walk 72 on April 15th. We all know that Emmaus Walks depend upon a steady flow of fervent prayer, so please keep the pilgrims and team members of Walk 72 in your prayers.

We would like to extend an invitation for you to learn more about Emmaus from an international perspective. On Saturday, April 24th, Scoofer Jordan from the Upper Room International Emmaus Office will provide intensive training for our board of directors and other interested persons. If you are a clergyperson in our community, a leader on an upcoming Walk or someone who simply wants to know more about Emmaus, plan to be with us from 8:30 to 12:30 at Fuquay-Varina UMC on the 24th. RSVP to David and/or Kim King by the 17th.

We encourage you to avail yourselves of the many opportunities to help behind the scenes during Emmaus Walks. Volunteers are needed in several work areas. Please contact any of our board members to find out how to get involved.

Grace, mercy and peace,

David and Kim King

Kitchen Coordinators

Needed

Thank you to everyone for your service over the past few months. We have had great snacks and great volunteers.

We still are in need of coordinators throughout the year. Our sign-up sheets are available at every Gathering at White Plains. We also need people to sign up who attend Gatherings other than the one at White Plains.

Please contact Lee and Jan Edmonds at 919-362-0294 or email us at Emondsnc@aol.com if you are able to help.

...From the Registrars

Before sponsoring a pilgrim, please ask God for guidance!

Who to sponsor:

- Couples- If only one will go, please explain. Be sure this will not affect the marriage unfavorably.
- Single persons
- Church leaders
- Dependable church members (the backbone of the Church)
- Christians who want to grow
- Respected laypersons & clergy

Pilgrims should be church members, not those "looking for a church," unless they have just moved to another city. If they are unable to make a commitment to a church, they will probably not be able to make a commitment to attend the Walk.

Please remember your responsibilities as a sponsor! If there are any changes (e.g. change of address or phone number, cancellations, etc.) it is YOUR responsibility to advise the registrars.

Little known fact: If a pilgrim cancels at the last minute, your HOC Emmaus Community is still billed since the food has to be ordered in advance.

Please be sure to send all applications to us: Len & Lynne Harris, 3300 Heritage Place, Raleigh, NC 27604, so the application can be processed quickly.

If you were unable to attend the follow-up session after YOUR Walk, please attend one. You'll be welcome and you'll receive more information about sponsorship. Give us a call at 919-876-1371 and we'll be happy to give you some dates, or answer sponsorship questions.

Len and Lynne Harris

Conference Room Banners

Several of the banners that are used in the conference room during the weekend are old and are becoming worn and tattered. Anyone, reunion group or individual, that would be interested in making a replacement banner please contact Frank & Ann White at 919-553-3686 or HoCAgape@nc.rr.com.

Luggage

Reunion groups are needed to assist on Thursday evening and Sunday afternoon luggage detail. This is a great way for your reunion group to offer behind the scenes help. Please contact Kevin or Denise Calloway at 252-459-7958 or gopack3@attglobal.net to sign up for a future walk.

Chrysalis Scholarships

Any individuals or groups that would be willing to sponsor a Chrysalis youth on a Flight or Journey (no more than once a year) please fill out a Scholarship Form (available at gatherings) and mail to: HoC Chrysalis Registrar, Frank & Ann White, 2004 Buckskin Drive, Clayton, NC 27520, or you can e-mail the information to frankandannwhite@nc.rr.com

Fly With Christ!!
Frank & Ann White

April Gathering:

Special Guest!

We will have a special speaker at our April 23rd Gathering. Scoofer Jordan will be joining us. Scoofer is the Walk to Emmaus Southeast Regional Representative. He is our consultant and liaison with the Upper Room. Come join us at 7:30PM at White Plains United Methodist Church and hear the news from Nashville!

**From the Heart of
Carolina Prayer Chapel**

Deuteronomy 4:7 says; "What other nation is so great as to have their gods near them the way the Lord our God is near us whenever we pray to him?"

This verse allows us to realize how fortunate we are to be blessed by God when we pray. The Heart of Carolina Community, our "nation," is brought into the presence of God as prayer continually blesses and sustains us in our lives. Prayer sustains the Emmaus pilgrims, teams, and clergy on each walk. Experience a meaningful time of prayer during an Emmaus weekend.

If you have never worked in the Prayer Chapel you are missing a wonderful experience.

You are encouraged to sign up and work the Prayer Chapel on an individual basis or as a reunion group. Sign up and experience the closeness of the Heart of Carolina community as God brings us near when we pray.

If you are interested in working in the Prayer Chapel please call Mark or Cynthia Johnson at 919-557-6821 or contact them by email at mcpjjohn@aol.com

Reunion Groups

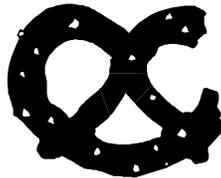
As you may have found during your walk weekend, it is easier living the Christian life when surrounded by supportive and

loving believers. Reunion groups can help keep us in touch with those fellow Christians in our Fourth Days.

Group reunions are important to us because fellowship with other Christians is critical to our spiritual growth. It helps to keep us in regular contact with Christ. It's through this intentional act of meeting with other believers that we can keep focused on continually giving our Hearts, Minds and Hands to God.

There is a list of known active reunion groups on the HOC website. If you need help finding or starting a group, we would like to assist you. Also, if your reunion group is not on our list, please contact us and we will add it!

David and Patti McAnally



Snack Room

We are in need of Snack Room Coordinators for the upcoming walks. You can sign up to help part of a day, or you can sign up for the whole weekend. There are detailed instructions available.

If you are interested in helping, please contact Lee and Jan Edmonds at 919-362-0294.

Remember the good food and good fellowship you enjoyed in the break room on your walk? Well, it takes many of us to keep this going. So please do your part! Will the following churches please furnish as follows:

VEGETABLES, FRUIT & DIPS
Edenton Street, Hayes Barton,
St. Francis

SALTYS, SALSA, & TRAIL MIX
Garner, St. Luke

CANDY & NUTS
Fuquay-Varina, Nashville

FRUIT & SOFT DRINKS
White Plains, St. Andrews

BAKED GOODS
Hollands, Westover, Millbrook,
Horne Memorial &
ALL OTHER CHURCHES

SPONSORS
Please bring a snack and a drink

We are especially in need of more fruit, vegetables, and home baked goods.

Knowing how busy you all are, be advised that cash is welcome if you don't have time to shop or bake. We can use your donations to purchase snacks as needed.

Lee and Jan Edmonds

Join the Clean-up Crew!

PLEASE help us with cleanup for this year. It's easy work & when we have plenty of help, it doesn't take long. Volunteers need to arrive at Short Journey at 2:30 pm Sunday before closing starts. If you are willing & able to help, please call David and Lee Heathcoat at 919-467-4278 or email us at Dheathc@attglobal.net.

Heart of Carolina Emmaus

Women's Walk #72 April 15-18, 2003

Team	Pilgrims
<p style="text-align: center;">Lay Director Marsha LiVecchi</p> <p style="text-align: center;">Asst. Lay Directors Kathy Alden (Lead) Joan Bisogno Kay McCorquodale Melody Secrest</p> <p style="text-align: center;">Table Leaders Lynne Harris Jeanie Neuschaefer Bev Sherron Pam Watson Charlotte West Pam Westfall</p> <p style="text-align: center;">Asst. Table Leaders Cathy Green Elizabeth Price Jan Rider Kathy Steuck Kay Thompson Linda VonDerGathen</p> <p style="text-align: center;">Music Leaders Allison Bullock Teresa Milton</p> <p style="text-align: center;">Spiritual Director Stuart Milton</p> <p style="text-align: center;">Asst. Spiritual Dir. "Bud" Budzinski Carolyn Sims Darren Talley Ray Teague</p>	<p style="text-align: center;">Kristi Cosart Brenda Cotterman Jeannie Davenport Linda Day Pam Dean Tonya DeLargy Shelly Deters Judy Dunlap Colleen Gilbert Jamison Griffin Sue Grissom Kim Hankins Karen Harrison Donna Hinchcliffe Nancy Jordon Janet Kennedy Trish King Sandra McOmer Michelle Miller Joyce Miller Maria Moffa Lila Montgomery Cindy Parsons Karen Preston Donna Rice Jean Roberts Cindy Roberts Amanda Sands Pam Schrader Edna Sexton Cortney Stallings Rebecca Teaff Cindy Teel Joy Tetterton Verna Wentz Angela Wilson</p>

Next Walk: Men's #73 July 15-18, 2004
Gatherings: April 23 May 22

Women's #74 July 29-Aug 1, 2004
 June 25 July 23

Sponsor Letters

Made Simple!

Agape letters are a very important part of every Emmaus Walk. The following guidelines should help sponsors as they collect letters for their pilgrim.

Each pilgrim should receive 12 letters on Sunday afternoon. These are the letters that the SPONSOR has asked family and friends to write. Once the sponsor has gotten the 12 letters, he/she should write Sponsor or S #1 through #12 in the postage stamp area of the envelopes. This is done to ensure that if the pilgrim gets more than 12 letters, the main 12 are included in the packet. All other letters received will be given to the sponsor to give to the pilgrim after closing.

Non-Sponsor letters are those written by church friends, team members, etc. that were not requested by the sponsor. If the sponsor does not collect 12 letters, enough non-sponsor letters will be included in the packet to insure that each pilgrim gets 12 letters.

During sendoff and throughout the weekend, boxes marked SPONSOR and NON-SPONSOR will be in the Agape Room. These boxes will also be at the church during Candlelight. Please deposit your letters in the appropriate box.

Everyone, please remember, there are a lot of Mom's, Dad's, Uncle Mike's, and Grandpa's on

each walk, so make sure that the pilgrims' first and last names are on each envelope. If the recipient cannot be identified there is no way to get the letter to the intended pilgrim.

If you have any questions or are unsure about anything, please contact us.

DeColores!!
Frank & Ann White

Heart of Carolina Gatherings

The Heart of Carolina Gatherings are great opportunities for worship and fellowship. Come along – and bring a friend!

Gatherings take place every 4th Friday (unless there is a Walk) at White Plains United Methodist Church in Cary, NC. from 7:30PM – 9:00 PM.

At every Heart of Carolina Gathering, we have people working in front of and behind the scenes. Aside from Moderator, 4th Day Speaker, Clergy, and Music Leaders, we have numerous people helping with Set-Up/Clean-Up, Refreshments, and Baby-Sitting. It is a quick and easy way to serve the Community and worship the Lord – and we need your help!

You might even consider having the Emmaus Community from your church cover all of the leadership roles for a Gathering. It is a

wonderful way to work alongside members of your own “Body of Christ.”

To sign up to help, call Becky Stafford 919-469-4608, e-mail becky.stafford@rexhealth.com, or sign up at a Gathering.

It's a great way to spend a Friday evening!

Transportation

If your church has a van you are authorized to drive, please contact Kevin or Denise Calloway at 252-459-7958 or gopack3@attglobal.net to place your name on the contact list for providing Candlelight Saturday evening transportation. This is a wonderful way to provide behind the scenes service.

Agape Reminder

Agape that is brought for a walk should NOT have anyone's personal name on it, but instead should be from a reunion group, church, “sister or brother in Christ”, etc., or it can even be anonymous. Agape that is distributed is done so as an act of love, not an act to glorify oneself. Also, please remember that 60 pieces of agape are needed for each walk.

DeColores!!

Frank & Ann White



HEART OF CAROLINA EMMAUS
P. O. Box 1766
Cary, North Carolina 27512

Got a new address? Want every newsletter mailed?

Let us know! Send a postcard or e-mail (mcanally1964@aol.com) to David & Patti McAnally.

These are your Board Members and their work areas of responsibility. Contact them today and become a serving servant!

Lay Directors

David & Kim King
919-557-5400

Spiritual Director

William Green
919-460-7115

Agape / Altars

Frank & Ann White
919-553-3686

Book Table/Photo/Supplies

Secretary

Brian & Susan McGuire
919-873-0503

Candlelight / Follow-up

Mike & Teresa Pierotti
919-662-0885

Chrysalis Council

David & Rene Knox
919-552-9669

Evangelism

Joyce Odom
252-433-8211

Gatherings

Becky Stafford
919-469-4608

Kitchen/Break Room

Lee & Jan Edmonds
919-362-0294

Luggage/Transportation

Treasurer

Kevin & Denise Calloway
252-459-7958

**Newsletter / Reunion Group/
Directory**

David & Patti McAnally
919-562-1982

Prayer Chapel & Vigil

Mark & Cynthia Johnson
919-557-6821

Registration

Len & Lynne Harris
919-876-1371

Set Up / Clean Up

David & Lee Heathcoat
919-467-4278

Training

Ted & Dorothy Rogers
919-553-4921

Worship / Music

Ron & Carolyn Gurganus
919-553-2209

Advisory /Team Selection

Frank & Kay McCorquodale
919-776-9425