

# Heart of Carolina



Walk to  
**Emmaus**  
THE UPPER ROOM®

Volume 04, No. 3

July, 2004

## From Your Spiritual Director

Hope you have noticed the positive changes at Follow-Up!

We are giving persons an opportunity to experience a "practice" reunion group meeting.

We are giving persons an opportunity to talk to members of the Board of Directors one-on-one about ways to serve in the community. The purpose of Follow-Up continues to be to make sure that persons receive all the information, guidance, and encouragement they need to serve in their local church, become

involved in the Heart of Carolina Emmaus Community, and to practice the needed spiritual disciplines that will make for a successful Fourth Day.

Follow-Up is important. It demonstrates care and concern. It captures momentum and sustains it. I highly recommend that sponsors make sure that they attend Follow-Up with those they sponsor. It would also be a good idea for all of us to take a "remedial" Follow-Up!

Jesus said that he would follow up with his disciples through the

Holy Spirit. "The Advocate, the Holy Spirit, whom the father will send in my name will teach you everything and remind you of everything that I have said to you" (John 14:26)

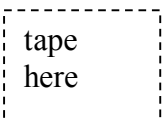
We need to continue to teach persons and remind them of all that is important about Emmaus. But we need to be there in body and spirit! Follow-Up is important and it really does make a difference. I'll be following up on this. See you at Follow-Up.

Blessings, William



Heart of Carolina Emmaus  
P.O. Box 1766  
Cary, North Carolina 27512

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## Lay Director's Corner

In the April newsletter we announced that Scoofer Jordan, our regional representative from the Upper Room, would speak to our community at the April Gathering and conduct a training session for our board. Many of you had the opportunity to hear Scoofer at Gathering and several of you were able to sit in on the board training. We all enjoyed Scoofer's wit and wisdom.

Part of Scoofer's job is to insure that the various Emmaus communities he visits are conducting the business of Emmaus in accordance with the Upper Room manual. It is the responsibility of the board of directors in each community to comply with the manual so that the Emmaus experience is not compromised by local variances.

Each member of our board signs an annual letter of agreement to abide by the guidelines established by the Upper Room International Emmaus Office. We were therefore very pleased to read the following words from Scoofer's report on his visit with us: "I will say for the benefit of your community as well as relating to the Upper Room what I think about HOC; your community not only does it as well as anyone in my region but also takes its covenant with the Upper Room more seriously than any other community I have."

The board is striving to continue "doing it well" and we want to thank the many hard-working volunteers who make it all happen. We especially thank God for blessing our community so abundantly. We are very grateful for the contributions of our current

board members and we thank those who have accepted nominations to the board for next year. Please take the opportunity to complete and mail the enclosed ballot, and please keep our community in your prayers.

Grace, mercy and peace,

David and Kim King

## Luggage

Reunion groups are needed to assist on Thursday evening and Sunday afternoon luggage detail. This is a great way for your reunion group to offer behind the scenes help. Please contact Kevin or Denise Calloway at 252-459-7958 or gopack3@attglobal.net to sign up for a future walk.

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## Heart of Carolina Board of Directors Ballot

The Heart of Carolina Board of Directors has approved the following slate of candidates to serve on the board for three years from September 2004 to September 2007. Each person named on the mailing label may vote. Ballots must be received no later than August 15, 2004 to be counted.

Candidates	Label name 1	Label name 2
Lay members – please vote for any five:		
Dave & Linda Amon	[ ]	[ ]
Shawn & Rhonda Beal	[ ]	[ ]
Bill & Rhonda Goodwin	[ ]	[ ]
Ray & Deb Murphy	[ ]	[ ]
Marvin & Tanya Page	[ ]	[ ]
Rusty & Renee Rains	[ ]	[ ]
Phil & Lyn Triplett	[ ]	[ ]
Buddy & Charlotte West	[ ]	[ ]
Clergy members – please vote for any two:		
Martin & Eleanor Armstrong	[ ]	[ ]
Ray & Melissa Broadwell	[ ]	[ ]
Karl & Jeanie Neuschaefer	[ ]	[ ]
Tom & Marcie Newman	[ ]	[ ]

## **Are you involved in a Satellite Gathering?**

If so, we want to know about it! Please send the following information to Becky Stafford:

- Location of the Satellite Gatherings
- Frequency of the Gatherings
- Time of the Gatherings
- Contact persons (and how to contact them by telephone and e-mail)

Once we accumulate the information, we will share this information with new (and old) members of the Heart of Carolina Emmaus Community. This will allow all of us to see how we can become integrated into new groups.

Please send the information to:  
Becky Stafford  
(919) 469-4608  
becky.stafford@rexhealth.com

## **Hungry Caterpillars!**

Girls and Boys Chrysalis Flights will be September 3-6, 2004 at Camps New Hope and Chestnut Ridge. These young folks need the Heart of Carolina Emmaus community's support. A couple of ways we can show them support is by providing snacks, drinks and lots of Agape. There are two flights; so 120 pieces of Agape will fill both flights. You, your reunion group, your church or your Emmaus friends may provide snacks and/or Agape. You may put your reunion group or church's name on the Agape but no personal identification. Help feed these young people spiritually and physically with

your gifts of Agape. If you and your reunion group would like to help, get your snacks and Agape to Edenton Street UMC no later than Friday, September 3rd, marked for Chrysalis, to the church office (during office hours) to be deposited in the collection closet. Contact Ann and Frank White at 919-553-3686, email HoCAgape@nc.rr.com or Susan and Brian McGuire at 919-873-0503, email smcguire@esumc.org with any questions.

There are still spaces available on both the boys and girls' Flights, please contact Ann and Frank, Chrysalis registrars, 919-553-3686, email HoCAgape@nc.rr.com for more information.

Fly With Christ!

## **Volunteer Notebook**

We want to thank the many volunteers who work so hard behind the scenes to make our Emmaus Walks successful. The Walks simply could not happen without these faithful servants! Though servants are often anonymous to the pilgrims, our community keeps track of service as one consideration for selecting team members. You can help us with this by signing the volunteer notebook in the Agape room at Short Journey whenever you serve behind the scenes during a Walk weekend. If you would like to volunteer, please contact a member of our board of directors to find out about the many opportunities to serve.

## **Donations for Walk Book Tables**

At every Walk there is a book table for the pilgrims and the team, please consider donating your Christian materials (i.e. devotionals, Bible study, periodicals, books, cassette tapes, videos or CDs) you are no longer using. The donated items should be unmarked and in good condition. Your donation is a wonderful gift of agape to the Walk. Items will be collected at Gatherings and Send-offs or you may contact Brian and Susan McGuire at 919-810-3081 or Email mcgbs.aug72@earthlink.net

## **Join the Clean-up Crew!**

PLEASE help us with cleanup for this year. It's easy work & when we have plenty of help, it doesn't take long. Volunteers need to arrive at Short Journey at 2:30 pm Sunday before closing starts. If you are willing & able to help, please call David and Lee Heathcoat at 919-467-4278 or email us at Dheathc@attglobal.net.

## **Agape Reminder**

Agape that is brought for a walk should NOT have anyone's personal name on it, but instead should be from a reunion group, church, "sister or brother in Christ", etc., or it can even be anonymous. Agape that is distributed is done so as an act of love, not an act to glorify oneself.

DECOLORES!!  
Frank & Ann White

## **Transportation**

If your church has a van you are authorized to drive, please contact Kevin or Denise Calloway at 252-459-7958 or gopack3@attglobal.net to place your name on the contact list for providing Candlelight Saturday evening transportation. This is a wonderful way to provide behind the scenes service.

## **New Board Representative Position**

When Scoofer Jordan visited in April, one item that he took notice of was our board representative team position. Heart of Carolina has traditionally let one of the Assistant Lay Directors, Assistant Spiritual Directors, or Music Leaders hold this position in addition to their primary responsibility. Scoofer feels that the board representative position is very important and requires someone who can give their full attention to making sure the Upper Room guidelines are being followed in all walk activities.

Therefore, the HOC Board has voted to add a 25th team position of board representative. This person can be a current or former board member or previous lay director. They will not give a talk but will participate in all team training and be present in the conference room during the walk.

Women's walk #74 will be the first walk to have a dedicated board representative.

This team position was not added in response to any problems or concerns. It has always been a requirement of the Upper Room

and Scoofer felt strongly that we change our team structure to allow the representative to give their full attention to the walk activities.

## **Heart of Carolina Emmaus Statement on Fundraising**

The board recently discussed the issue of using the Heart of Carolina Emmaus name for fundraising activities. After prayerful consideration, the board agreed upon the following statement:

The Heart of Carolina Walk to Emmaus name may not be used for any outside fundraising activities.

As you know, Emmaus is for leadership development and spiritual growth. The HOC membership roster and community events should not be used as means for soliciting donations.

## **Heart of Carolina Gatherings: A Great Place to Be and a Great Place to Serve**

Come to the Heart of Carolina Gatherings to worship and fellowship with your Emmaus Community. You can even bring a friend who hasn't walked yet! Gatherings take place every 4th Friday (unless there is a Walk) at White Plains United Methodist Church in Cary, NC at 7:30PM – 9:00 PM.

Not only can you worship and fellowship, you can serve, too! At every Heart of Carolina Gathering, we have people working in front of and behind the scenes.

Roles that must be filled at Gatherings are:

- Moderator,
- 4th Day Speaker,
- Clergy,
- Music Leaders,
- Set-Up/Clean-Up,
- Refreshments, and
- Baby-Sitting.

You might even consider having the Emmaus Community from your church or area to cover all of the roles for a Gathering. It is a wonderful way to work alongside members of your own "Body of Christ."

## **Snack Room**

We are in need of Snack Room Coordinators for the upcoming walks. You can sign up to help part of a day, or you can sign up for the whole weekend. There are detailed instructions available.

If you are interested in helping, please contact Lee and Jan Edmonds at 919-362-0294.

Remember the good food and good fellowship you enjoyed in the break room on your walk? Well, it takes many of us to keep this going. So please do your part! We are especially in need of more fruit, vegetables, and home baked goods.

Knowing how busy you all are, be advised that cash is welcome if you don't have time to shop or bake. We can use your donations to purchase snacks as needed.

Lee and Jan Edmonds

**From the Registrars**

Occasionally, we receive several applications from the same sponsor who requests the applicants be assigned to the same Walk. The Upper Room suggests only one person be sponsored by the same individual per Walk since sponsorship can be very time consuming. While we will certainly try to work with you, in many cases it would be best to have someone else sponsor one of the pilgrims. Also, please don't encourage friends to attend the same Walk. We have had occasions when a pilgrim canceled just because a friend assigned to the same Walk had to reschedule. This is very inconsiderate to all those who have been in preparation for the

Walk, and it's especially unfair to pilgrims on the waiting list unable to rearrange their schedules at the last minute.

We receive many applications for women, but where are all the men? Surely you have some male friends who could benefit from the Emmaus experience. Be sure to talk to the husbands of married women who express a desire to attend. If the spouse isn't quite ready, it might be wise to wait until both partners are willing to attend.

Please be sure to mail ALL applications to us at 3300 Heritage Place, Raleigh, NC 27604.

Have a blessed summer!

Len & Lynne Harris



**Agape Update - Please Note!**

Due to the addition of the dedicated board representative, there will now be 61 persons in the conference room on each walk. Please be sure to adjust your agape amounts in the future to include 61 pieces for each walk.

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**Heart of Carolina Chrysalis  
c/o Donna Schwabe  
2716 Blowing Leaf Ct  
Wendell, NC 27591**

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**Sponsor Letters**  
**Made Simple!**

Agape letters are a very important part of every Emmaus Walk. The following guidelines should help sponsors as they collect letters for their pilgrim.

Each pilgrim should receive 12 letters on Sunday afternoon. These are the letters that the SPONSOR has asked family and friends to write. Once the sponsor has gotten the 12 letters, he/she should write Sponsor or S #1 through #12 in the postage stamp area of the envelopes. This is done to ensure that if the pilgrim gets more than 12 letters, the main 12 are included in the packet. All other letters received will be given to the sponsor to give to the pilgrim after closing.

Non-Sponsor letters are those written by church friends, team members, etc. that were not requested by the sponsor. If the sponsor does not collect 12 letters, enough non-sponsor letters will be included in the packet to insure that each pilgrim gets 12 letters.

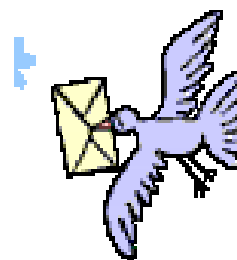
During sendoff and throughout the weekend, boxes marked SPONSOR and NON-SPONSOR will be in the Agape Room. These boxes will also be at the church during Candlelight. Please deposit your letters in the appropriate box.

Everyone, please remember, there are a lot of Mom's, Dad's, Uncle Mike's, and Grandpa's on

each walk, so make sure that the pilgrims' first and last names are on each envelope. If the recipient cannot be identified there is no way to get the letter to the intended pilgrim.

If you have any questions or are unsure about anything, please contact us.

DeColores!!  
Frank & Ann White



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**Heart of Carolina Chrysalis Council Ballot**

The Heart of Carolina Chrysalis Council has approved the following slate of candidates to serve on the board for three years from September 2004 to September 2007. Each person named on the mailing label may vote. Ballots must be received no later than August 15, 2004 to be counted.

Candidates	Label name 1	Label name 2
<b>Clergy Positions</b> Please vote for three:		
Martin & Eleanor Armstrong	[ ]	[ ]
Lindsey Green	[ ]	[ ]
Steve Vaughn	[ ]	[ ]
<b>Adult Positions</b> Please vote for four		
Sara Armstrong	[ ]	[ ]
Jane Gue	[ ]	[ ]
Rodney Knight	[ ]	[ ]
Carolyn Patton		
Kristal Richards	[ ]	[ ]

Candidates	Label name 1	Label name 2
<b>College Positions</b> Please vote for four:		
Sara Armstrong	[ ]	[ ]
Patrick Connelly	[ ]	[ ]
Jason Justice	[ ]	[ ]
Brad Loy	[ ]	[ ]
Jenni Schwabe	[ ]	[ ]
<b>High School Positions</b> Please vote for three:		
Shannon Craven	[ ]	[ ]
Carole Edwards		
Meredith Knight	[ ]	[ ]
Anna Patton		

# Heart of Carolina Emmaus

<b>Men's walk #73 July 15-18, 2004</b>		<b>Women's walk #74 July 29-August 1, 2004</b>	
<b>Team</b>	<b>Pilgrims</b>	<b>Team</b>	<b>Pilgrims</b>
<p><b>Lay Director</b> Pat LiVecchi</p> <p><b>Asst. Lay Directors</b> Frank McCorquodale (lead) David Heathcoat David McAnally Russ Seacrest</p> <p><b>Table Leaders</b> John Gonella Ricky Hines Mike Ihrie Harold Miller T. Ray Smith Wally Steuck</p> <p><b>Asst. Table Leaders</b> Michael Aheron Jim Borrell Len Harris Kenny Janik Art Schaller John Struss</p> <p><b>Music Leaders</b> Marty Benson Phil Triplett</p> <p><b>Spiritual Director</b> William Green</p> <p><b>Asst. Spiritual Dir.</b> Dave Amon Bryan Faggart Forrest Smith Jim Whittaker</p>	<p>Dan Bazan Tony Bell Peter Boettger Kirby Boyd Wayne Brewer Mike Cotterman Kevin Davidson John DeLargy Bill Dyer Bill Fisher David Foushee Paul Fulks David Grissom Keith Gunter Lyman Hardee Bill Hughes Chris Jenkins Dallas Johnson John Johnson Kenneth Keith Wallace Keith Jerry King Matt McKinley Curt Miller Patrick O'Carroll Eric Peele Alex Poe Hunter Preston Herbie Proctor Charles Rice Al Siffer Rex Thomas A.K Thompson Jr. Steven Weaver Neal Wolfe Skip Woodward</p>	<p><b>Lay Director</b> Nancy Cashion</p> <p><b>Asst. Lay Directors</b> Kim King (lead) Ginny Campbell Ann Collier Ann White</p> <p><b>Table Leaders</b> Vicki Bethea Lorrinda Janik Jayne Jungen Pat Miller Renee Rains Betty Shields</p> <p><b>Asst. Table Leaders</b> Ruthie Borrell Martha Cooper Debbie Gossert Judy Parker Paula Pittard Becky Thigpen</p> <p><b>Music Leaders</b> Michelle Disney Eleanor Armstrong</p> <p><b>Spiritual Director</b> Roberta Byrum</p> <p><b>Asst. Spiritual Dir.</b> Anne Ahl LuAnn Charlton Karl Neuschaefer Bob Shields</p>	<p>Mary Bain Jerry Batchelor Patsy Bazan Linda Boettger Cinda Brandt Carol Buckingham Patti Cook Brenda Cotterman Patti Craven Pam Fisher Anna Marie Green Paige Gunter Betty Harris Phyllis Higgins Leslie Hollowell Jan Hood Barb Hughes Nancy Johnson Janet Johnson Becky Keith Peggy King Sandy Kopanski Charla McKinley Sandra McOmber Jan Nance Kim Peele Kelli Poe Lisa Powers Rhoda Rawls Wendy Rietvelt Lara Siffer Carol Thomas Gina Weaver Frannie Whitten Sandi Wolfe Nancy Wood</p>

**Next Walk: Men's #75 October 7-10**  
**Gatherings: July 23 August 27**

**Women's #76 October 21-24**  
**September 24 November 26**



**HEART OF CAROLINA EMMAUS**  
**P. O. Box 1766**  
**Cary, North Carolina 27512**

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**These are your Board  
Members and their work  
areas of responsibility.  
Contact them today and  
become a serving servant!**

**Lay Directors**

David & Kim King  
919-557-5400

**Spiritual Director**

William Green  
919-460-7115

**Agape / Altars**

Frank & Ann White  
919-553-3686

**Book Table/Photo/Supplies**

**Secretary**

Brian & Susan McGuire  
919-873-0503

**Candlelight / Follow-up**

Mike & Teresa Pierotti  
919-662-0885

**Chrysalis Council**

David & Rene Knox  
919-552-9669

**Evangelism**

Joyce Odom  
252-433-8211

**Gatherings**

Becky Stafford  
919-469-4608

**Kitchen/Break Room**

Lee & Jan Edmonds  
919-362-0294

**Luggage/Transportation**

Kevin & Denise Calloway  
252-459-7958

**Newsletter / Reunion Group/**

**Directory**

**Treasurer**

David & Patti McAnally  
919-562-1982

**Prayer Chapel & Vigil**

Mark & Cynthia Johnson  
919-557-6821

**Registration**

Len & Lynne Harris  
919-876-1371

**Set Up / Clean Up**

David & Lee Heathcoat  
919-467-4278

**Training**

Ted & Dorothy Rogers  
919-553-4921

**Worship / Music**

Ron & Carolyn Gurganus  
919-553-2209

**Advisory /Team Selection**

Frank & Kay McCorquodale  
919-776-9425