



Heart of Carolina

Heart of Carolina Emmaus
P. O. Box 1766
Cary, North Carolina 27512



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Heart of Carolina Emmaus Newsletter Volume 6, Number 3 July 2006

From Your Spiritual Director



You say DaVinci and I'll say De Leché (with my coffee). I just happen to like coffee more than history or conspiracy theories. My wife read the Da Vinci Code and I saw the movie. After Judy shared with me her experience reading the book, which was a good one, and me seeing the movie, which was a bad one, one thing's for sure- I'll stick with de leché (with my coffee) rather than Da Vinci.

You see, for me coffee is a spiritual experience and conspiracy theories, although fun, seems to draw in all sorts of controversy that is not reconciling, but is divisive. Now I know it doesn't need to be, but it is the nature of the beast. Oops, was that Freudian? But take coffee, or the beverage that suits you best; add a little conversation and ambiance, and presto, you have relationship on some level of entry.

I am sure that I have done as much ministry over a cup of coffee, dulce de leché or just straight up, as in a committee meeting or even preaching a sermon. I think this is the beauty of Reunion Groups. As I look at the Reunion Groups on our HOC Emmaus Web Page, it is obvious to me that a lot of ministry and Christian nurture is being done in homes and restaurants, probably over a cup of beverage, good conversation, prayer, affirmation, and accountability. Now, I'm not saying this can't be done without coffee or soda, or your beverage of choice, but somehow it helps out in the journey of holy conferencing.

So if you enjoy the Da Vinci Code, I say, wonderful. But if you are not in a Reunion Group I encourage you to find one, join, and enjoy a cup of coffee or tea de leché, or just the milk of human kindness with a group who will love you unconditionally.

Peace,
Bryan

From Your Lay Directors

At this time of year Pentecost reminds us of the powerful work of the Holy Spirit in our midst. No where is it more evident than during a Walk – we continue to be amazed and to give thanks. With grateful hearts may we individually and as a Community strive to bear the fruit of the Spirit who has so richly blessed us – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Galatians 5:22-23).

In electing new members for the HOC Board of Directors, may each of us prayerfully consider the candidates in light of these attributes and follow through by sending in a ballot. May Christ continue to “count” on each of us as we serve Him in our local churches and communities as well as in HOC Emmaus.

In addition to electing new Board members, the HOC Board asks that you also prayerfully consider the following by-laws change that addresses the point at which newly elected Board members take office:

Article V section 5C “terms of office shall end and begin effective with the : **September** Board meeting” would be changed to “terms of office shall end and begin with the **January** Board meeting”.

The Board of Directors voted unanimously to bring this to you for the following reasons:

*The time from September through December can be used to mentor new Board members so they are more familiar with the work area responsibilities and are fully prepared to provide optimum coverage for upcoming Walks. Currently, Board members come on board in mid-September with from one to three weeks to be prepared to support September and October Walks. Some work areas have complex responsibilities that are difficult to “learn” in so short a time. We believe the teams and pilgrims would be better served if persons assuming new responsibilities could observe the actual “behind the scenes” work during one set of Walks before assuming full responsibility. In addition, the November meeting would be a time when current Board members and newly elected Board members could work together to provide more continuity.

*Our treasurer tells us that it would simplify financial record keeping and reporting if we aligned our financial year with the Federal tax year.

*The Upper Room Emmaus is on a January to January calendar. We would need to have our Letter of Agreement signed and read twice a year if we are on a different calendar. While this is do-able, it does take additional Community time at a Gathering.

*Clergy members have suggested that September is a challenging time to consider taking on new responsibilities since this is a time of new beginnings for church programming. This is especially true for pastors who have moved in July.

If you have questions or would like to discuss this with us, our phone number is on the back of this newsletter. We have appreciated the questions and suggestions we have received from many of you and continue to welcome your input.

DeColores!

David and Lee Heathcoat.

R & R Tracks-From the Editors

Greetings in Christ!

We don't know about y'all, but summertime is usually a killer for us! This summer is no exception. We have 2 daughters going on mission trips, our family's vacation to the Outer Banks, extra responsibilities with the summer Walks, marching band camp and fundraisers, and two other family trips during weekends! All the while we have the obligation to keep straight the priorities of our lives, live according to the example of Christ, and to glorify God in all things. With the busy lives that all of us have with church, family, school, and careers, it is sometimes hard to keep everything in line!

But we can take heart! No matter how busy our lives get, Christ is always with us, even when we fall short of His glory. However, He expects us to realize our mistakes and make changes.

With this season of vacations, sun, and fun, we challenge everyone (and ourselves, especially) to maintain the right relationship with God. After all, "Christ is Counting on You!"

On the order of some business: This special edition of the newsletter is a challenge for us as editors because this is a mass mailing to the entire community, not just to those with snail-mail subscriptions. The reason for this mailing is of the utmost importance: it contains the election ballot for the new members of the Board of Directors. Please read this newsletter carefully and PLEASE VOTE! This is one way for the entire community to have their voice heard, and each vote does count! Also inserted in this newsletter is a copy of the newsletter for the Heart of Carolina Chrysalis community. In addition to the ballot for the election of Chrysalis Board members, it has a lot of information to keep our community informed of the happenings with the youth version of this fellowship. So-enjoy this edition and once again, please vote!

On a bittersweet note-we are approaching the conclusion of our tenure as the newsletter editors. We are rotating off the Board at the end of this year and we will be advising the new Board members/editors with the fall edition. This is to help them get accustomed to the tasks that come with this work area.

It has been a joy, honor, and pleasure to serve as your editors during these past couple of years. Though we are rotating off the Board, we will continue to be an active part of this wonderful community of faith. Have a safe summer-we'll be seeing y'all around! Godspeed!

Grace and Peace,

Rusty and Renee Rains

Donations for Walk Book Table

Thank you so much for all the books that have been donated for the Agape Book Table at each of the recent Walks. Some have even donated new books while others have donated used ones in good condition. Both kinds of donations are welcome and appreciated!

You, as members of the HOC Community, have made this special gift of agape possible. If you have good used or new books that are appropriate for the Agape Book Table (inspirational, study etc.) like the ones on the Book Table on Saturday morning, bring them to Send-off, Closing, or Gatherings and place them in the red crate. At Short Journey, the crate will be in the Agape Room.

If you have questions, please call **Danny & Faye Cress at 919.552.0713.**

Luggage and Transportation

During a walk weekend, reunion groups and individuals are always needed to assist on Thursday evening and Sunday afternoon with luggage. This is a great way for your reunion group to offer behind the scenes help.

Also, if your church has a van that you are authorized to drive, van drivers are needed to assist in the apostolic hour on Saturday evening. This is just another wonderful way to offer behind the scenes service.

If you would like to help, please contact **Jim & Ruthie Borrell at 910.692.9597** to sign up for a future walk.

Chrysalis News

Any individuals or groups that would be willing to sponsor a youth on a Chrysalis Flight or Journey (no more than once a year) please fill out a Scholarship Form (available at gatherings) and mail to:

HoC Chrysalis Registrar, c/o Frank & Ann White, 2004 Buckskin Dr., Clayton, NC 27520
or you can e-mail the information to: frankwhite5@nc.rr.com

Join the Clean-up Crew!

PLEASE help us with clean-up for the upcoming walks. It's easy work and when we have plenty of help, it doesn't take long! Volunteers need to arrive at Short Journey at 2:30 PM on Sunday before closing starts. If you are willing and able to help, please contact **Buddy & Charlotte West at 919.469.3402.**

Once again, this is a wonderful way to give behind the scenes service during a walk weekend.

Prayer Chapel and 72 Hour Prayer Vigil

Ephesians 6:18 (NIV) *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.*

The Heart of Carolina Emmaus Walks are bathed in prayer. Even before you decided to go on the Walk to Emmaus, people were praying for you. Now that you have been on the Walk, you know how much it meant to you to learn that the entire 72 hours of your Walk, people were praying for you. You are encouraged to sign up at Gatherings or contact one of us by email to select a time to pray for upcoming Walks.

The Conference Room team for each Walk is also bathed in prayer. There are two ways you can pray. 1) Before each speaker enters the conference room to give a talk, the speaker is joined by others to pray in the Prayer Chapel. If you want to be part of this wonderful experience, you will want to review the sign up sheet and make note of when the speaker is scheduled to speak. Be at Short Journey 15-20 minutes prior to the time listed on the sign up sheet. 2) If you are unable to be with the speaker in person, you may sign up to pray for that speaker before, during, and/or after they speak. You may sign up at Gatherings. Each speaker's name and time is listed on the sign up sheet. The speakers will know that you are praying for them. This is a powerful way

to be part of the Walk. You may sign up to co-ordinate the Prayer Chapel for a given Walk. This is a powerful experience. You will be a blessing and you will be blessed.

Contact **Deb or Ray Murphy** if you are interested. (Ray 919-697-0494)

Deb Murphy qofe@earthlink.net

Ray Murphy ray.murphy@earthlink.net)

Reunion Groups

As you may have found during your walk weekend, it is easier living the Christian life when surrounded by supportive and loving believers. Reunion Groups can help us keep in touch with fellow Christians and make us accountable in our daily walk with Christ.

It's through this intentional act of meeting with other believers that we can keep focused on continually giving our hearts, hands, and minds to God.

Listed on the HOC website are the reunion groups in our community. This list needs updating, therefore, please check to see if your listing is correct or if there is inaccurate information. Contact the webservant through the link on the website to request any changes.

If you need help finding or starting a group, contact us and we will assist you.

Grace and Peace,

Rusty & Renee Rains

Snack Room and Kitchen

Remember the great food and snacks you enjoyed during your walk? Well, it takes many of us to provide this during each walk. We need each of you to do your part! What a great opportunity for reunion groups or individuals to serve behind the scenes! If you feel led to sign-up to help serve a meal or work in the snack room, sign-up sheets will be available at all gatherings, closings, and follow-ups. Also, you can contact **Fred & Debbie Gossert at 919-844-4701** or e-mail debfredg@aol.com.

Members of the Emmaus community are asked to supply the snacks for each of the walks. We are asking the following churches to supply these items as needed:

New Snackroom Assignments!

Vegetables, Fruit, Cheese, & Dips:

Hollands UMC, Westover UMC, Horne Memorial UMC, All Other Churches

Salty Snacks, Salsa, Trail Mix & Crackers:

Edenton Street UMC, Hayes Barton UMC, St. Francis UMC, Glendale Heights UMC, Mt. Sylvan UMC

Candy and Nuts:

Garner UMC, St. Luke UMC (Sanford),
First UMC Cary

Fruit Drinks & Soft Drinks:

Fuquay-Varina UMC, Nashville UMC,
White Memorial Presbyterian

Baked Goods:

Gateway Community, Fremont UMC, White Plains UMC, St. Andrews UMC, Benson UMC,
Elevation UMC

Low Fat & Sugar Free Snacks:

Millbrook UMC, Apex UMC, Wake Forest UMC

Sponsors:

Please bring a snack and a drink. We are especially in need of more fruit, vegetable trays, and homemade baked goods. Be advised that cash donations are welcome if you don't have time to shop or bake. We can use the funds to purchase snacks as needed.

Heart of Carolina Gatherings

Heart of Carolina Gatherings are a wonderful opportunity for worship, fellowship, and the renewal of friendships.

Gatherings take place on the 4th Friday of every month (unless there is a Walk that weekend) from 7:30 to 9:00 PM at White Plains United Methodist Church in Cary, NC.

At every Heart of Carolina gathering, we have people working in front and behind the scenes. In addition to the Moderator, 4th Day Speaker, Clergy, and Music leaders, we have people helping with set-up/clean-up, babysitters, and refreshments. It is a quick and easy way to serve the community and worship the Lord-and we need your help! You might even consider having the Emmaus Community from your church cover all the leadership roles for a gathering.

To sign up to help, contact **Randy & Alice Brunk at 919.387.2061**. Come and join the fun in worship and fellowship!



Team Selection

Please let us know if you are interested in sharing your musical gifts and talents with our Community. As the team selection committee chairpersons, we need to know of those who can serve as music leaders and assistant music leaders on the Walks. If you or someone you know are able and willing, please drop us an e-mail at mcghs.aug72@earthlink.net.

We'll be sure to pass along your information to those who schedule Gatherings, Send-offs, and Candlelights (music leaders are needed at these functions as well.) Also, please let us know if and when you have served on a Chrysalis flight or Kairos weekend. Our team selection database does not include information on Chrysalis or Kairos service, yet we need to consider such service in team selection.

Thanks for your willingness to serve!

De Colores,

Brian & Susan McGuire



Agape Reminder

Agape that is brought for a walk should *NOT* have anyone's personal name on it, but instead should be from a reunion group, "sister or brother in Christ" or it can be given anonymously. Agape that is distributed is done so as an act of love and is never done as an act to glorify oneself. Also, please remember that due to the addition of the board representative to the team, your agape amounts in the future should include 61 pieces for each walk.

Leftover Agape Procedure: Agape is an opportunity for the community to show their love to our pilgrims. We realize that a lot of time, money, and love go into each piece of Agape.

On occasion we have extra pieces of Agape left over. We leave all extra pieces Agape out at closing for the reunion groups to retrieve them. Extra agape has accumulated with assorted pieces which are not enough to distribute at another walk. Our storage is limited and the extra Agape pieces have outgrown our storage boxes. We are asking your help to make use of these love gifts.

We are asking each reunion group to label their Agape with a **contact name, telephone number, and walk number** so that we can contact you to make arrangements to pick up the left over pieces. If the extra Agape is not picked up by two walks past the walk number on the original Agape, it will be given to retirement homes, hospitals, shelters, or some other charitable organization.

Sponsor Letters Made Simple!

Agape letters are a very important part of every Emmaus Walk. The following guidelines should help sponsors as they collect letters for their pilgrim.

Each pilgrim should receive 12 letters on Sunday afternoon. These are the letters that the SPONSOR has asked family and friends to write.

After collecting the 12 letters, the sponsor should write Sponsor or S #1 through # 12 in the postage stamp area of the envelopes. This will ensure that the main 12 letters are included in the packet. All other letters received will be given to the sponsor to give to the pilgrim after closing.

Non-sponsor letters are those written by church friends, team members, etc. that were not requested by the sponsor. If the sponsor does not collect 12 letters, enough non-sponsor letters will be included in the packet to insure that each pilgrim gets 12 letters.

During send-off and throughout the weekend, boxes marked sponsor and non-sponsor will be in the Agape room. The boxes will also be at the church during the Apostolic Hour. Please deposit your letters in the appropriate box.

Everyone please note: there are a lot of moms, dads, Uncle Mikes, and grandpas on each Walk, so make sure that the pilgrim's first and last names are on each envelope. If the recipient cannot be identified, there is no way to get the letter to the intended pilgrim.

If you have any questions or are unsure about anything, please contact:

Dave & Linda Amon at 910.296.0416.



HOC Financial Aid

Those of us who experienced God's love in a powerful way on the Walk to Emmaus want everyone to have the opportunity to attend. A few years ago, the Heart of Carolina received a generous contribution for our scholarship / financial aid fund. Due to MANY requests for financial assistance since this donation, the fund is almost completely depleted. If you are sponsoring a candidate, please ask for financial assistance **ONLY** if a financial need exists. Some sponsors pay the entire cost of their pilgrim; many pay at least the application fee. If you, as sponsor, are unable to do this, please check with your church since many churches have funds available for this purpose.

Please consider donating to our Financial Aid Fund Contributions can be made at our Gatherings, Apostolic Hours, Send-offs, and Closings or by contacting our treasurer, **Faye Cress at 919.552.0713**. We will also gladly accept donations mailed with applications.

In Service,
Len & Lynne Harris, Registrars

Sponsorship Training

As required by the *Upper Room*, your Heart of Carolina Emmaus Board of Directors established a plan to equip this community for the most important job in serving future pilgrims - Sponsorship. Although this training has been offered by other means in the past, there are indications that not all sponsors are aware of the depth of the commitment they are making.

As you know, each community member and Board Member is required to complete a one-time sponsorship training session. Sponsors who have not attended one of the sessions must do so prior to sponsoring pilgrims for up-coming walks. The short and informative session does include things that you may already be aware of but are necessary to insure that you are fully equipped to take responsibility for each pilgrim God places in your care. Sponsorship is the most important of "Behind the Scenes" roles in our community. This training is how we believe we can best accomplish our goal to insure our pilgrims have Good Sponsors.

The training session was established in order to train as many community members as possible in a short period of time. We've worked to make sessions available at varying times and in locations convenient to the entire community, to local churches, and reunion groups. It is our intent to provide this community with the needed information. Though available on the internet and through *Upper Room* publication, it is most helpful to meet in a setting where specific HOC guidelines can be discussed, and experiences can be openly shared that may assist us all as we prayerfully seek God's guidance in approaching potential pilgrims. At least once a quarter, Sponsorship training will be available prior to HOC community Gatherings. The next session will be held at Hollands United Methodist Church in Garner, NC on July 30, 2006 at 4 PM.

From the roll taken, the HOC Secretary is able to maintain an up-dated list of the names and walk numbers of all who are prepared to sponsor. Delays in the walk application process are eliminated, and the registrars can move forward with their duties once the requirement is met.

All Sponsors must understand the commitment they are making to the pilgrims and to the future life of the community. Unlike Team Training which is required annually for clergy and prior to each walk lay members serve on, this training is a one time requirement. As a vital member of the Heart of Carolina Emmaus Community, we hope you will make every effort to insure the integrity of the Walk to Emmaus by joining your Board in the commitment we have made to follow the guidelines set forth by the UPPER Room.

Ted & Dorothy Rogers



First Annual Kairos PICNIC!

Saturday Sept. 9, 2006 11AM-4PM

Cliffs of the Neuse State Park (near Goldsboro)

Join us in this beautiful setting to celebrate this wonderful ministry. Bring your own food, drinks, and chairs. There will be singing, sharing, group pictures, and activities for all ages.

Check the Kairos website (www.kairosnc.org)

for directions and more information...

Snack Room recipe

(Editors Note: This is possibly the most decadent and sinful recipe we have in our file! If someone makes this cake and puts in the snack room, it will not last very long-we guarantee it! While it takes time to make, it's actually very easy and the results are positively elegant.)

Hershey Bar Cake

- 1 (18.25 ounce) package Swiss or German chocolate cake mix.
- 1 (8 ounce) package cream cheese- softened.
- 1 cup powdered sugar .
- 1/2 cup granulated sugar. .
- 10 (1.5 ounce) Hershey bars with almonds, divided and chopped .
- 1 (12 ounce) container frozen whipped topping, thawed.

Prepare cake batter according to package directions. Pour into 3 greased and floured 8-inch round cake pans. Bake at 325° for 20 to 24 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes. Remove from pans and cool completely on wire racks. Beat cream cheese, powdered sugar, and granulated sugar at medium speed until mixture is creamy. Chop 8 candy bars finely. Fold cream cheese mixture and chopped candy into whipped topping. Spread icing between layers and on top and sides of cake. Chop remaining 2 candy bars. Sprinkle half of chopped candy bars over cake. Press remaining chopped candy along bottom edge of cake.

Short, Clean, and Funny

Something special for this special edition: two jokes for the price of one!

*A Sunday school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to "*honor thy father and thy mother,*" she asked, "*Is there a commandment that teaches us how to treat our brothers and sisters?*" Without missing a beat one little boy answered, "*Thou shall not kill.*"

*A pastor went out one Saturday to visit his church members. At one house, it was obvious that someone was home, but nobody came to the door even though the preacher knocked several times. Finally, the preacher took out his card, wrote out "Revelation 3:20" on the back of it, and stuck it in the door. "Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and dine with him, and he with me." The next day, the card turned up in the collection plate. Below the preacher's message was written the following notation: "I heard your voice in the garden, and I was afraid because I was naked; and I hid myself." - Genesis 3:10

Special Section:

**Biographies of the
2006 Candidates for the HOC Board of Directors.**

The purpose of this section of the newsletter is to give community members information about this year's candidates.

Laitly Candidates

**Colon and Donna Davis --
Elevation United Methodist Church , Benson , NC**

Colon and Donna are active participants in the Elevators Reunion Group at their church. They have each served on two HOC Emmaus teams as assistant table leader and table leader. They have both worked behind the scenes in the kitchen, as van drivers, and have served on the team selection committee this year.

Donna and Colon are active members of their church where Colon is chairperson of the Church Council, has served as the United Methodist Men president, sings in the church choir, and serves as a trustee and Staff-Parish Relations Committee member. Donna is chairperson of the Outreach Committee, is the United Methodist Women president, sings in the chancel choir and is the fundraising chair.

**Keith and Lynda Stewart –
Fremont UMC, Fremont , NC**

Keith and Lynda are active participants in the Fremont UMC Reunion Group and Lynda is also in Fremont FIGS (Friends in God's Service.) Keith walked on Walk #45 and will serve as an assistant table leader on Walk #89. Lynda walked on Walk #46 and has served as an assistant table leader on Walk #78 and will serve as a table leader for Walk #88. They have worked behind the scenes in the kitchen and decorating for the Saturday night dinner, in the snack room (coordinator), as coordinator for Agape and Altars and Clean Up. They also assist in coordinating the monthly Crossroads Emmaus Gathering.

Lynda and Keith are active members of their church where Keith is a senior high Sunday School teacher, praise band and choir member, chairperson of the Stewardship Committee and Church Council and serves as Lay Leader of the Goldsboro District. Lynda is a preschool Sunday School teacher, a member of the praise band and choir, a United Methodist Women circle member, and serves on the Special Events Committee and Church Council.

**John and Ginny Struss –
First United Methodist Church , Cary , NC**

John is a active member of the Good Friday Reunion Group and Ginny participates in the Sharing God's Love Reunion Group. John and Ginny walked on HOC Walks 52 and 54 respectively. They have both served on HOC conference room teams as an assistant table leader; John has served as a table leader and Ginny will serve on the team for the Women's Walk in August. Both John and Ginny have served behind the scenes in the kitchen and in coordinating the prayer chapel. In addition John has helped with clean up, luggage, and setting up for Apostolic Hour.

Ginny and John are active members of their church. John runs the sound system for both Worship and special events, serves on the finance and worship committees as well as providing weekly maintenance for the church's vans. Both Ginny and John have been Disciple Bible Study facilitators a number of times. Ginny also sings in the choir, serves as a member of the education work area, and organizes classes for Disciple Bible Study.

**Pam and Joel Watson
Ebenezer United Methodist Church , Garner, NC**

Joel is an active member of a Tuesday morning reunion group; Pam is a member of a group that meets Thursday at lunch. Joel walked on HOC Walk #41 and Pam on Walk #42. Each has served as an assistant table leader, table leader, and as an ALD. Both Pam and Joel have worked in the kitchen. Joel has served as a van driver and helped with Candlelight clean up. Pam has also worked in the Snack Room and in the Speaker's Prayer Chapel.

Pam and Joel are active members of their church where Pam serves as Director of Children and Youth Ministries. Joel is chairperson of the Spiritual Formation Committee, Upward Sports League Director, and a facilitator for Disciple Bible Study.

**Si and Stephanie Weeks
Fuquay Varina UMC, Fuquay Varina , NC**

Si and Stephanie are active in Couples for Christ Reunion Group. Si walked on Walk #80 and will serve as a table leader on Walk #87. Stephanie walked on Walk #81. Si and Stephanie have worked with luggage both at Send Off and before Closing a number of times. Si has also served as a van driver.

Stephanie and Si are active members of their church where they are completing their fifth year as small group leaders for the sixth-grade confirmation program. They also volunteer in the nursery each moth. Si serves as a member of the lawn care team. Stephanie has been the Children's Coordinator for the church and a participant in Disciple Bible Study for the last two years.

Al and Susie White

Millbrook UMC Raleigh, NC

Al is an active member of the Saturday Early Servants and Susie meets with the Saturday Morning Sisters, both meeting at the church. Al walked on Walk #62 and Susie on Walk #63. Both has served in the conference room as assistant table leaders. Al and Susie have served behind the scenes in the kitchen, Agape and Altars, Clean Up, and Luggage. They have coordinated the kitchen, snack room, and agape.

Susie and Al are active members of their church where both serve on the Nurture Committee, tutor Hispanic children, and served at Camp Mucho . In addition, Al serves Communion to the homebound and Susie is co-chair for her UMW circle and volunteers in the church office.

Clergy Candidates

Alice Kunka

is an ordained deacon serving at Sunrise UMC in Holly Springs . Also, she currently pastors the Hispanic congregation at Avent Ferry UMC in Raleigh. She serves as Executive Director of a nonprofit organization she founded in 2001, Corazón, which is designed to assist in outreach to the Latino community. Alice teaches in the summer and weekend Course of Study at Duke Divinity School and serves as the Liaison for Deacons at Duke for seminary students. Alice volunteers with the NC Council of Churches on their Latino 101 Committee.

Alice is a member of the NC Conference Board of Ordained Ministry and also serves as Secretary for the NC United Methodist Board of Camp and Retreat Ministries.

One of her favorite hobbies is singing with the Cary Concert Singers. Alice has served on conference Room teams as both laity and clergy in various capacities, including Assistant Spiritual Director and Spiritual Director. She has also served on Kairos and Chrysalis teams. Alice is married to Bob and they have two grown children, Ben and Emily.

Rev. Dr. Alan Swartz

is a United Methodist Pastor serving Horne Memorial UMC in Clayton. He is married to Jo Anne who is a music teacher. They have two grown children.

Alan has served at Salemburg UMC, St. Paul UMC in Goldsboro (Associate), La Grange UMC, New Hope UMC in Goldsboro , Oxford UMC, and Mebane UMC before being appointed to Horne.

Alan is currently chair of the NC Conference Committee on Resolutions and the IT Committee. He also serves on the Communications Circle and the Resources Circle .

Alan has served as an assistant spiritual director on both Emmaus and Chrysalis conference room teams.

One of his favorite hobbies is cooking Italian food while listening to Italian Opera. His favorite Old Testament books are Genesis and Proverbs, his favorite Gospel is Luke, and favorite Epistle is Romans. Currently, he is reading: *Spiritually Fit to Run the Race: A Personal Training Manual for Godly Living* by Kenneth C. Ulmer.

You can hear his sermons at <http://horneumc.net/gracecast/>

Rev. Dr. Sam Wynn

is the pastor of Hollands UMC in Garner, NC. He has served the last 26 years as an ordained United Methodist minister and has served as a District Superintendent.

Sam's ministry emphasis includes advocating Christ-centered, orthodox, Wesleyan theology; modeling servant leadership with grace; living out Wesley's evangelistic zeal; relational integrity and strong administrative skills; ability to work collaboratively; and a commitment to keep Christ at the center of our pluralistic theology, doctrine, polity, and ecumenical connections.

Sam is a Native American and has served with numerous ministries throughout the country to Native people. He is married to Rosemary. They have a son, Christopher Little Bear.

**Got a new address? Want every newsletter mailed? Let us know!
Send a postcard to Rusty & Renee Rains , 605 S. Fayetteville St. Clayton NC 27520
or e-mail us at rrains1@nc.rr.com.**