



Heart of Carolina Emmaus

March 2014

2014 HOC Board

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Our Fourth Days

According to the Walk to Emmaus website, the objective of the walk is:

“... to inspire, challenge, and equip the local church members for Christian action in their homes, churches, communities and places of work. Emmaus lifts up a way for our grace-filled lives to be lived and shared with others.”

Attending a walk weekend is just the beginning. In order to meet this objective, we need to be mindful of our Fourth Days—the rest of our lives. There are many ways to encourage Fourth Day pilgrims, and the Emmaus movement itself offers several opportunities for nourishment.

Reunion groups are a great way to remain focused on our spirituality and be accountable to our Christian brothers and sisters. If you aren't in a reunion group, ask around. Groups are available in churches, workplaces, coffee houses, Bojangles—all sorts of places!

Another important way to stay focused is to attend monthly gath-

erings. These are held on the 4th Friday of each month (unless it is a walk weekend) and feature all the great music, fellowship, and food you remember from your weekend. Dates and locations are available on the website.

Lastly, opportunities for growth and action exist during walk weekends. It takes many hands to provide a meaningful walk weekend. People are needed to serve on conference room teams, provide meals, carry luggage, drive vans, and many, many other services. It is also a great time to visit and serve with your friends from your pilgrim weekend. Take a look at the list of board members and see if a particular work area stands out to you. The board member for that area will be more than happy to find you a place to serve!

The return from the mountain-top experience can be difficult and tiring. Make sure to take time to renew your spirit throughout your Fourth Day.

WELCOME

Pilgrims of Walk 128!

Altars & Agape

Greetings from Ruthie and Jim!

We are chairpersons of the Altars and Agape work area. We are responsible for making sure that the pilgrims are well stocked with all the agape that our wonderful community prepares for them. We and all of our volunteers distribute agape in the conference room, the dining room and sleeping quarters. We also collect and organize all the agape letters for the pilgrims and the information in the pilgrims' packets. So volunteers are needed to take agape to the pilgrims day and night but also in the agape room to

organize the letters and pilgrims' packets. So you can choose to get some exercise by taking agape all over Short Journey or stay in the agape room to do the pilgrims' packets and letters. As a reminder, we need 53 pieces of agape for every walk.

We also are responsible for dressing the altars in the chapel for worship. The altar designs are very important to the theme of the worship services that are held throughout the weekend. Creating the altar displays is a very affirming process for us and the volunteers. As you place the items



on the altar you are reminded of the theme of the worship service and of the spiritual journey that the pilgrims are taking.

So volunteer to serve in our work area and we guarantee you'll have some fun and be renewed as the spirit of God moves through Short Journey. You can contact us in any of the following ways:

agape@carolinaemmaus.org
borrellje@yahoo.com
910-692-9597 (H)
919-353-0969 (C)

Jim and Ruthie Borrell



Kitchen/Snack Room



Do you have the heart of a servant? Are you ready to get involved in our Emmaus community but just don't quite know where to start? If you answered yes to either of these questions, we can help!! Do you remember the food and fellowship during mealtime on your walk and how all of your needs were taken care of? One of the most enjoyable ways to serve in the Emmaus community is in the kitchen.

Consider the following information! Our Heart of Carolina Community has 3 walks this year. During each of those walks we serve 8 meals. Depending on the meal, we need 8 – 12 volunteers to serve. That's a total of about 80 volunteers per walk or at least 240 volunteers for the year! That's a lot of people, but with your help, we can fill every slot!

Please prayerfully consider volunteering to serve in the kitchen. It is a great way to meet other members of the community, it's fun and it is truly a blessing to serve others!! When you plan to serve in the kitchen, you will need to arrive about an hour before mealtime and stay until cleanup

is complete. Short Journey Center has a cook that the volunteers help by preparing drinks, salads and in other areas of meal preparation. Then, we serve, clean up and if we choose, sit down and eat together. We also make sure that the water coolers are full and the restrooms are clean.

If you have a spouse on the walk or if you are sponsoring a pilgrim, we ask that you stay behind the curtain and serve or wait to serve on a different walk.

We also need people to help keep the snacks fresh and appealing in the break room and to help with Saturday night decorations. Please remember to bring snacks for the weekend when you come to Send Off.

If you need more information about serving in the kitchen or snack room, call Pat or Marsha LiVecchi (919.762.1519) or e-mail us atkitchen@carolinaemmaus.org.