



2013 HOC Board

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LET'S CELEBRATE WHAT THE LORD HAS DONE!

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” *Jeremiah 29:11*

Blessings to one and all! The HOC Board of Directors never doubted that God had a wonderful plan for the Walk to Emmaus. We just wished at the beginning of the year that we knew what that plan was as we examined the problems of location, costs, attendance, and so on. Often in life there are bumps in the road, and those bumps give us the opportunity to assess and reflect. They give us time to stop and listen to the Holy Spirit and to find what God has in store for us. And so that is what we, the HOC Board of Directors, have been doing – stopping, assessing, discussing, reflecting, listening, praying. As we have done all of these things and prayerfully searched for answers, God has shown us His path.

We have many praises to report:

1. WALKS

We will hold our fall Walks. They will be at Short Journey Retreat Center!

God is good – all the time. All the time – God is good! Walk Dates are as follows:

Men's Walk # 126 – October 24th - 27th

Women's Walk # 127 – November 7th - 10th

2. FINANCES

Our community is back in the green thanks to your faithful and generous contributions. There is a separate financial report from David McAnally detailing this. In order to remain solvent, the cost of our Walks will increase to cover the full cost of the weekend, starting with Walk #126 in October. The fee will be \$165.00 for all participants. Training weekend fees will increase to \$100.00 at the same time. Scholarships are still available in whole or in part. Please contact Wayne and Sherri Lamm if scholarships are needed. The Lord will provide!!

3. WALKS FOR 2014

The HOC Board continues to seek God's guidance in preparation for 2014, but the way is looking much clearer than it once was! Walk details, which should be available soon, will be shared via Yahoo and our website as soon as they are set.

4. GROWTH AND CHALLENGE FOR OUR COMMUNITY

Debora Murphy led a wonderful discussion on evangelism at our Gathering on March 22nd. There was a lot of valuable information shared. Evangelism of the Walk to Emmaus is a Community responsibility. If anyone is interested in reaching out to a church about the experience of this Walk to Emmaus and how it has affected your life and your 4th Days as well as how it can help their church spark a flame for Christ just let us know. Our evangelism representative is Ray Teague. Ray's email is rayteague@nccumc.org. We look forward to hearing from you!



Greetings From Our Spiritual Director, Roberta Byram

**CALL TO ACTION FOR
ALL: Be a Channel of Grace!**

CALLING ALL CLERGY!

DeColores and Happy Fourth Days!

We are the many colors of God as we live each of our Fourth Days as channels of God's grace. In our Emmaus Handbook we read that the three days of an Emmaus Walk have three distinct phases:

- 1.) Day One Focus-God and the Grace God offers-opening our minds to the need for a vital relationship with God.
- 2.) Day Two Focus-Jesus Christ and our life as a response to grace-moving our hearts to the further commitment to live in union with Jesus.
- 3.) Day Three Focus-Holy Spirit and our call to be part of the Christian community in action-encouraging the body of Christ to take action in the world. (Taken from the "Handbook of Emmaus" page 75.)

So, when we live our Fourth Days with open minds in our relationship with God, as we respond to God's grace through Jesus and the Holy Spirit gets us moving in action, we become channels of God's grace in the world.

As I contemplated being channels of grace, I thought of the many, many ways we become channels of grace, and they are as many as all the colors! Just one way is through behind-the-scenes support roles. We offer ourselves to God in the spirit of anonymous servanthood to be living agape for pilgrims as channels of God's grace, serving behind the scenes on the Walks. We are channels of grace as we participate in making the Walk to Emmaus different from other retreats and programs.

We also become channels of grace when we return to our local churches and the Holy Spirit gets us moving in action in the many ways our local churches offer. Have you prayed about where your passion is and where the Holy Spirit might lead you as you respond to God's grace in your Fourth Days? Talk to your reunion group and ask them where they see your passion and then after praying about it...be encouraged as you take action in our Christian community!

Blessings,

Roberta

Although Emmaus is a laity movement, we NEED our clergy on each and every walk!

If you have been on the walk, encourage your clergy friends to attend. Prayerfully consider if it is now time for you to participate. Update your service record so you CAN participate!

Greetings in the name of our Lord Jesus Christ!

It is my joy and honor to be the Heart of Carolina Emmaus Community Spiritual Director. I look forward to God blessing us in upcoming walks as we offer ourselves for His service.

I am updating a "working list" of clergy who are interested in serving in all the areas that Emmaus offers.

Those areas are:

Emmaus Walks as Walk Spiritual Director or Assistant Spiritual Director.

This commitment includes attending the training weekend except for Sat. night and Sunday. The Walk weekend responsibility for SD & 1 ASD is to be there the entire time. ASD's the entire day of your talk, Dying Moments, and Candlelight. Of course we urge all clergy to be present for the entire walk weekend but know this is not always possible. Talk outlines and Dying Moments script has changed and you will need to be familiar with those. I am here to help.

Chrysalis Clergy. The young people are amazing and this weekend flows much like the Emmaus Walks.

Gathering Clergy 4th Friday of the Month. You will speak a short homily and preside at the Holy Communion Table.

Apostolic Hour Clergy. On the Saturday night of a Walk a short homily and Holy Communion is the commitment.

If you are willing to serve in any of these areas, or if you know someone who would like to serve, please let me know! This is a huge work in progress, needing your help!

Please email me: rbyram@nc.rr.com

I will send you a form to fill out as required by Upper Room.

DeColores!
Roberta Byram

Notes from Our Board



Welcome to the HOC Board of Directors, Joel and Laurie Rose!

Joel and Laurie are responsible for Gatherings as their work area on the Board. That means that they make sure we have a location for each gathering, and that each gathering has music, a 4th Day speaker, clergy, and a moderator. They set up for these gatherings and make sure that the space we use is back in order at the end of the evening. If you are interested in volunteering by being a participant in a Gathering, contact Joel and Laurie at gatherings@carolinaemmaus.org.

Ways to be a “Channel of Grace” on a Walk Weekend

VOLUNTEER IN THE KITCHEN!



As Kitchen Coordinators, we are responsible for obtaining weekend coordinators for the kitchen, decorators for Saturday Night Dinners, and Weekend Snack Room Coordinators. None of these jobs require any special training, and there are detailed manuals for each position. The Kitchen Coordinators are required to spend the weekend at Short Journey, unless you live within a 15 minute drive. The best way to learn about this work area is to come and serve a meal or two on a walk. Get a few folks from your reunion group to join you. It's a great way to meet new friends in our Emmaus family. After you've done that a few times, you'll be more than ready for the Weekend Coordinator job!! Sign-up sheets are at Gatherings, or you can call us at 919-762-1519 or email at patandmarsha@nc.rr.com. We look forward to serving with you!! Pat and Marsha LiVecchi

CLEAN UP ON A SUNDAY AFTERNOON!



As Setup and Cleanup Coordinators, we are responsible on Thursday for getting Short Journey Center set up for the Walk (arranging chairs in the chapel, send-off room, conference room; setting up sound systems, etc.) and on Sunday for putting the Center back the way we found it. That means vacuuming, sweeping, rearranging chairs, emptying trash, and yes, cleaning toilets! It's fast work if everyone shows up on Sunday at 2:30 with their sleeves rolled up! Sign-up sheets are at Gatherings or email us at roadwing47@gmail.com. If you can join us around 3 p.m. on a Thursday afternoon we'd also love to see you for Setup! Thanks! Connie and Leo Montgomery

BE A 4th DAY SPEAKER – or a moderator, or a musician, or clergy for our gatherings! Gatherings are held the 4th Friday of each month and need lots of volunteers. See above to contact Joel and Laurie to arrange a month you can participate!



CARRY SOME LUGGAGE! Or DRIVE A VAN!

As Luggage and Transportation Coordinators we are responsible for 2 distinct areas:

- 1) **Luggage.** On Thursday night all pilgrims need their luggage placed on their assigned beds prior to the beginning of Send Off. We need help from 6:30 to 7:30 p.m. On Sunday afternoon, all luggage must be removed from the sleeping area and brought to the front of Short Journey so each sponsor can pick up their pilgrim's luggage prior to Closing. We only have a short period to complete this process out of sight of the pilgrims. We need help from 2:15 to 3:15 p.m.
- 2) **Transportation.** We need 6 volunteers to provide a church van for each walk to take the pilgrims and team members to Apostolic Hour, and back to Short Journey, on Saturday night. (Snacks are provided while you wait to take them back.) Please look for sign up sheets at each Gathering or call with questions (919-552-1454). Thank you, Jim and Debra Carver

Find Your Place – Share The Grace!

More Ways to Find Your Place and Share The Grace!



DONATE BOOKS & HELP UNPACK & REPACK SUPPLIES!

As coordinators for the Supplies & Books work area, we are responsible for ensuring there is a wide variety of supplies available to meet the majority of Pilgrim needs. This includes everything from acetaminophen to zippers. We also collect gently used books to redistribute at future walks. You can look for the large green tub at Gatherings, Send-Offs, Apostolic Hours, and Closings if you'd like to donate books. Come join us on Thursday afternoon around 4:00 p.m. as we unpack our supplies and then again at 2:30 p.m. Sunday afternoon as we repack! Help in this area is particularly important now that we have lost our storage space at Short Journey because supplies need to be brought into the Center and then carried back out to vehicles for off-site storage. Contact us at supplies@carolinaemmaus.org if you have any questions. We would love to see you! Andy and Lisa Reeder



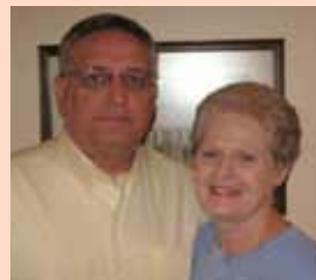
STAY AFTER APOSTOLIC HOUR AND HELP US CLEAN THE CHURCH!

As coordinators for Apostolic Hour and Follow-Up one of our responsibilities is making sure that Hollands is set up for Apostolic Hour AND that we leave the church as good as or better than we found it! That means NO CANDLE WAX! And that means we need people to vacuum, put away candles, and clean up that pesky wax! Yes, it's late – but we feed you ice cream and treats while the pilgrims are in prayer, and many hands make light work so we can all go home and get some sleep before church the next morning! Come on out and join us! If you have any questions, contact us at aphour@carolinaemmaus.org. David and Patti McAnally



PRAY, PRAY, PRAY! SIGN THE PRAYER LISTS; VOLUNTEER IN THE PRAYER CHAPEL; COME & PRAY IN THE PRAYER CHAPEL

As coordinators for the Prayer Chapel, we are responsible for setting up and taking down the prayer chapel, making sure there is a prayer coordinator throughout the entire walk weekend, and getting the prayer lists signed up. As we all know, prayer covers the entire walk and is the glue that holds it all together. Step up your prayer participation! You won't regret it! Contact us at chapel@carolinaemmaus.org for any questions. Rex and Janette Scott



MAKE AGAPE! COME HELP SORT AGAPE

As coordinators for the Altars & Agape work area we are responsible for collecting and sorting through all the agape that you contribute – including letters – and getting it to the pilgrims at the appropriate times during the weekend. We need people working at SJC throughout the weekend on this effort – so sign up and come join us! Contact us at agape@carolinaemmaus.org if you have any questions. We look forward to working with you! Mike and Wanda Aheron



EVANGELIZE! Does that sound scary? It really means just "spread the good news!" Spread the good news about Emmaus and the way in which it can bring you closer to Christ and strengthen your church. Questions? Contact Ray Teague at rayteague@nccumc.org. He would love to hear from you!

And Just Like Grace, there is More, More, More! Find a Place and Join In!



VOLUNTEER AS A MUSICIAN OR CLERGY FOR SEND-OFF OR APOSTOLIC HOUR

As the worship coordinator, I am responsible for overseeing the worship services at Send-off and Apostolic hour. This includes arranging clergy and music for those services. As we continue to grow and change as a community, and stay faithful to the oversight of the Upper Room, we will see changes in both of these areas in the next year. As always, your feedback is greatly appreciated! I particularly would like to beg and plead for clergy to contact me if you have an interest in serving in worship. As a source of future leadership—both lay and clergy—in the church of Jesus Christ, the Walk to Emmaus needs support from the pastors in our community. De Colores! ~Julia Alliger

CLERGY: Did you realize that you **MUST** fill out an updated application in order to serve on a Walk or a Flight – even if you have served before? Contact Roberta Byrum for Emmaus and Stuart Milton for Chrysalis.



VOLUNTEER WITH AND SUPPORT CHRYSALIS

Did you know that Chrysalis is the main mission of Emmaus? As such, this is a perfect place for you to support with your time, your money, and your prayers. For more information on ways in which you can get involved with Chrysalis, please contact us at chrysalis@carolinaemmaus.org. Our responsibility is to be the interface between the Emmaus Board and the Chrysalis community. We would love to hear from you! – David and Lee Heathcoat

For more information on volunteering in the Chrysalis community, you can also contact Jason Darden, the Chrysalis Community Lay Director, at jdarden@fumc-cary.org.



PRAYERFULLY SPONSOR PILGRIMS. TRAIN TO DO THE BEST YOU CAN. DILIGENTLY SHEPHERD YOUR PILGRIM THROUGH THE PROCESS



REGISTER YOUR PILGRIM AND CONTINUE TO SHEPHERD HIM OR HER

As the registrars for the Emmaus Community we are a key contact for you and your pilgrim. The more carefully & completely you fill out the registration form, the better prepared we will be for your pilgrim. Tell us about ANY concerns – health, diet, allergies – we want to be prepared and fully welcoming on the walk weekend! Keep communicating with your pilgrim – he or she will have LOTS of questions and sometimes a case of the jitters. YOU are their major conduit of information. Let us know how we can help. Contact us at registrar@carolinaemmaus.org. – Bill and Melissa Lumppp



GET YOUR SPONSORSHIP TRAINING!

Sponsorship training must be updated every 3 years. Go ahead and get that training so you know what is current with our Emmaus Community. Things do change over time. These are the remaining 2013 dates: White Plains UMC, Cary – Fridays 6:30pm 5/24, 6/28, 7/26, 8/23. Hollands UMC, Garner – Friday 6:30pm 9/27 and Saturdays 7:00pm 10/26, 11/9. We will also come out to your church to hold sponsorship training. It takes only 45-55 minutes! Send us an email at training@carolinaemmaus.org and we will get it scheduled! – Al & Lara Siffer

Will you help????

We are updating the Heart of Carolina database so it will contain the most accurate information possible! This will allow you to find active reunion groups in your area, locate contact information for pilgrims and team members from your walk, and receive communications regarding the Heart of Carolina Emmaus community.

Once your record has been updated, we will send you an email with instructions on how to log into the database, how to change your information, and how to look for data contained within the database.

Please fill out the following information and place in the designated box at an Emmaus event or email the information to: lisareeder79@gmail.com.

First name: _____ Last name: _____

Address: _____

City: _____ Zip code: _____

Phone: (Home) _____ (Cell) _____

Email: _____

Church: _____ Original walk #: _____

Reunion group: _____

Thanks so much!!

COMMUNICATION NOTES

EMAIL – Do you receive emails from HOC Emmaus? If so you are most likely already a member of the HOC Emmaus yahoo group. If NOT, you can do one of 2 things:

- 1) To subscribe: go to <http://groups.yahoo.com/group/hocemmaus/> and complete new user info OR
- 2) Contact Fred and Barbara Kastner at newsletter@carolinaemmaus.org and let them know you need to be added to the yahoo email distribution list.

FACEBOOK – Did you know that HOC Emmaus is also on Facebook? Search for Walk to Emmaus (Heart of Carolina) on Facebook and join the group!

WEBSITE – www.carolinaemmaus.org – If you are reading this expanded edition of the newsletter, you already know where to find it! SPREAD THE NEWS! We would love to transition our community to electronic-only communications – to save costs and to be able to get out more information more frequently.